

**Deft and...by Rachel Hawkes**

## Deft and Mind-set

What is the deft mind-set?

Deft is a revolution of the mind. It is not anarchy; it is subversion in a progressive and fair sense. Your mind-set should be the determiner of your wealth as Ayn Rand said, 'wealth is the product of man's capacity to think'. At Deft UK, we agree with this statement. The economy hierarchy must have an open ceiling policy that allows all inhabitants within its limitless capacity to thrive based on the integral vastness of their mind-sets.

The Deft definition at Deft UK is based on demonstrating skill and cleverness; a celebratory platform for individuals, companies' ideas and so on that reflects a sense of being deft. This is all defined within the 'It's a mind-set' slogan. Your ability to achieve excellence **should** be based on your ability to think and therefore **should** be rewarded with wealth.

At Deft UK we celebrate the achievements of a varying amount of people that all demonstrate skill and cleverness, not matter what their background, culture, class or creed. It is intellectual democracy that pays tribute to the many great minds and potentially minds of excellence and brilliance that are reflected within Britain today.

The key word within the second dictionary definition is the word to demonstrate. This takes an ample amount of integrity within an individuals' character to actively demonstrate excellence in a genuinely productive sense. Great minds have great ideas, but successful minds act on those ideas in order to assimilate themselves into the fruitful destiny that beholds actions reflecting words and thoughts.

The hub of variation that is at the very access points to this great country allow for positive and enriching collaborations to take place, inspiring individuals and groups to better discover the excellence within themselves and to understand the contexts of ideas as well gaging the landscapes of differing industries.

Deft is more than a logo. It's mind-set.

Wear deft with pride.

Join the revolution.

## Deft and Healthiness

Body  mind  soul

Healthy body, healthy mind. Healthy mind, healthy destiny.

The importance of healthiness is paramount. We've all heard the saying, 'you're health is your wealth'. This is true. Without a good health, a person's dreams and ambitions can be lost within the hollow corpse that awaits resurrection. Therefore, the time is now and the time has to be vigorous. Health is not just in relation to your body, but also in your mind and therefore holistically is of utmost importance.

Deft is all about doing things well through the deft mind-set. What you make up in your mind to do, is done. Therefore, your body must agree with the actions your mind wants it to. If you want to do a double pirouette, your body has to agree! Otherwise, you might be feeling dizzy without the round of applause from an observer. The vision must be well thought through, but also trained with a disciplined body.

Plato discussed the importance of the perfect balance between mind, body and soul achieving a successful combination for health and prosperity. He explores this in greater detail in his book, 'The Republic'.

*Exercise helps memory and thinking through both direct and indirect means. The benefits of exercise come directly from its ability to reduce insulin resistance, reduce inflammation, and stimulate the release of growth factors—chemicals in the brain that affect the health of brain cells, the growth of new blood vessels in the brain, and even the abundance and survival of new brain cells.*

*Indirectly, exercise improves mood and sleep, and reduces stress and anxiety. Problems in these areas frequently cause or contribute to cognitive impairment.*

*Many studies have suggested that the parts of the brain that control thinking and memory (the prefrontal cortex and medial temporal cortex) have greater volume in people who exercise versus people who don't. "Even more exciting is the finding that engaging in a program of regular exercise of moderate intensity over six months or a year is associated with an increase in the volume of selected brain regions," says Dr. Scott McGinnis, a neurologist at Brigham and Women's Hospital and an instructor in neurology at Harvard Medical School.*

<https://www.health.harvard.edu/blog/regular-exercise-changes-brain-improve-memory-thinking-skills-201404097110>

In short, the more active and healthy your body is, the more able you are to demonstrate skill and cleverness.

## Deft and Soft skills

There are a countless amount of soft skills that one can acquire through this experience we have as human beings. Soft skills develop our character and engage our experiences to determine a more well-rounded and accountable human being. From infancy we are encouraged with the rhyme “sharing is caring” to the more mature 3 words “knowledge is power”. All of these skills contribute to our understanding of how to interact and cope with life.

Here are just a few and the active relevance they play on a day to day basis.

### Communication

As a soft skill, **communication** is not about multiple syllables or rousing speeches. Able communicators can adjust their tone and style according to their audience, comprehend and act efficiently on instructions, and explain complex issues to colleagues and clients alike. Communication is also an important aspect of leadership, since leaders must be able to delegate clearly and comprehensibly.

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### Self-Motivation

Having the **positive attitude** and the **initiative** to work well without round-the-clock supervision is a vital soft skill for any employee. Not only does it demonstrate reliability and commitment, but it shows that you can fit efficiently into an organisational structure without the need for constant oversight.

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### Leadership

**Leadership** is a soft skill you can show even if you're not directly managing others. Leadership can be thought of as a collection of various other soft skills, such as a general positive attitude and outlook, the ability to communicate effectively, and an aptitude for both self-motivating and motivating others.

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### Responsibility

**Self-awareness** is a seldom talked about but highly valued soft skill; knowing when to accept responsibility for any mistakes you have made demonstrates a healthy level of humility, and a willingness to learn and progress.

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### Teamwork

Like leadership, good **teamwork** involves a combination of other soft skills. Working in a team towards a common goal requires the intuition and interpersonal acumen to know when to be a leader, and when to be a listener. Good team players are perceptive, as well as receptive to the needs and responsibilities of others.

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## Problem Solving

**Problem solving** does not just require analytical, creative and critical skills, but a particular mindset: those who can approach a problem with a cool and level head will often reach a solution more efficiently than those who cannot. This is a soft skill which can often rely on strong teamwork too. Problems need not always be solved alone. The ability to know who can help you reach a solution, and how they can do it, can be a great advantage.

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## Decisiveness

Knowing the distinction between **decisiveness** and recklessness implies a soft skill in itself. Decisiveness combines a number of different abilities: the ability to put things into perspective, to weigh up the options, to assess all relevant information and, crucially, to anticipate the consequences, good and bad.

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## Ability to Work Under Pressure and Time Management

Many jobs come with demanding deadlines and occasionally high stakes. Recruiters prize candidates who show a decisive attitude, an unfaltering ability to think clearly, and a capacity to compartmentalise and set stress aside. **Time management** is closely related to the ability to work under pressure, as well as within tight deadlines. Employees who manage their time well are able to efficiently prioritise tasks and organise their diaries, while adopting an attitude which allows them to take on new tasks and deadlines.

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## Flexibility

Naturally, people can be wary of leaving the comfort zone formed by their repertoire of hard skills. **Flexibility** is an important soft skill, inasmuch as it demonstrates an ability and willingness to acquire new hard skills, and an open-mindedness to new tasks and new challenges. Employers often seek candidates who can show a willing and upbeat attitude, since many jobs come with the possibility of secondments.

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## Negotiation and Conflict Resolution

This is another of those soft skills which employers look for in potential leaders. To be an adept negotiator is to know how to be persuasive and exert influence, while sensitively seeking a solution which will benefit all parties. Similarly, **conflict resolution** depends on strong interpersonal skills and the ability to establish a rapport with colleagues and clients alike.

Soft skills summaries are taken from Wiki Job site:

<https://www.wikijob.co.uk/content/interview-advice/competencies/soft-skills>

The acquiring of soft skills should never be underestimated.

## Deft and Interviews

Interview techniques are crucial for success. They can be the bridge between an opportunity and the fulfilment of that opportunity. For a successful interview, interview techniques are extremely important. Some of the best interviews that I have enjoyed are extremely relaxed, where the interviewer, quite colloquially wants to get to know your 'relaxed' professional self without the overtly formal atmosphere of a ceremonial interview.

My personal key strategy is to imagine that you have something extremely precious/important to say to the interviewer. It is lodged in your stomach and has to be coaxed out with questioning. This perhaps is not recommended if you are extremely nervous as something else may be drawn out. I found the success of this tactic gave me a sense of power that subconsciously the interviewer was also aware. I read somewhere that a conversation is a battle of the intellect thus the interviewer and the interviewee has a mission to discover the best person for the position. Conclusively, the interviewee has to have some ammunition in order to have a chance at successfully completing the mission of securing the position.

What is this ammunition based upon?

- **Competent research** of the role, the company and the industry etc.
- **Character** developed into soft skills through work experience/ menial jobs
- **Confidence** of oneself to the interviewer

Many people do not like to be interviewed. They detest the formalities of being asked questions that test the knowledge of their skills and industry and liken the pressure of interviews to an exam. This stress and pressure create a tension that can many times be quite detrimental to the success of the interview.

Another key factor, probably the most important is to **relax**. When you stay calm and do not panic your brain actually has a better chance of performing. A fantastic way to achieve this is to focus on your breathing, taking deep breaths in and out to allow enough oxygen to get to the brain and for enough focus to operate.

Think of an interview as a chance to find some common ground between yourself and the interviewer and as a platform for demonstrating your skill and cleverness.

Wear Deft with pride.

## Deft and Leadership

What does it truly mean to be a leader?

Many writers have explored the answer to this question by using a variety of context and circumstances to facilitate the quest for the solution. It has been explored with education, the Royal Navy, business, health and so on. There are common denominators that can summarise the defining of leadership in ways, but the research and understanding of this experience is an ongoing journey which subjectively is found within the subject.

‘Royal Navy: Way of Leadership’ explores the many different soft skills necessary to be a leader. It looks at the Royal Navy as the vessel for uncovering the many different characteristics necessary to being a good leader.

Fundamentally, the roles within the infrastructure and the sheer will and passion to complete task in the most efficient way are the key cornerstone for the success of such a traditional and globally respected organisation. It is based upon the research of author, Andrew St George who academically and empathetically is able to analyse and explore the many facets of Navy life. He’s excellence of observation and quality of research make for great reading which is seamlessly demonstrated through the well-structured text.

In ‘Royal Navy: way of Leadership’, I found an inspiring quote from a Navy Lieutenant Commander, Laurence Chadfield, who said: ‘over my nineteen years of service I have concluded the following: very few service men and women get up in the morning wishing to fail, not work hard or apply themselves. Their zeal, self-determination and sense of humor never cease to be inspiring; this is what makes it a privilege to hold the Queen's Commission and lead often necessitating only the deftest of touches to allow our people to achieve quite astonishing results’.

Astonishingly results are achieved through an ample amount of organization, communication and foundationally, vision. Being a leader means you have to consistently and actively demonstrate skill and cleverness. You have to consistently and actively be deft.

Fundamentally, the leader leads, but manages mini leaders.

Be a leader.

## Deft and Design

*Innovation, innovation innovation and... comfort.*

Design is about two things. Reflecting an understanding of trends and secondly pushes the boundaries of creativity to present a new artistic design through innovation. In order to push any industry forward, you have to know what's already out there in order to guarantee that your innovation is truly innovative. A good grasp of how things are done builds a sense of discipline and understanding that breeds a qualitative wisdom for creativity and innovation. Trends come and go, but to create a trend takes an assured grasp of your industry. The fashion industry is always changing. It relies on meeting the needs of consumers who within their own artistic expression can be extremely fickle.

Training, design school and work experience can all contribute to develop a foundational understanding of design. However, experience and collaboration build towards new idea, giving the designer a voice to express some idea. A respect for what has already has been done and training in how to develop a skill into a craft builds a basis in which to blossom.

Coco Chanel once famously said *Fashion is not something that exists in dresses only. Fashion is in the sky, in the street, fashion has to do with ideas, the way we live, what is happening.* The way in which we dress determines the intent and mind-set in which we carry. It reflects, in ways, what we are and stand for. Therefore design the wardrobe of a fellow human being requires an insight into what ideas we long to materialize within the mind-set of someone else. Clothes can reflect an armour, drive a purpose and forge an identity. Coco Chanel also went onto say *In order to be irreplaceable one must always be different.* Uniqueness flows throughout us all and should be celebrated based on how we dress.

At Deft UK, we believe that you are what you wear. When you wear a logo, you reflect the message and meaning of its creed. Everybody has the ability to demonstrate their understanding and express their truth through productivity and strive towards a standard of excellence. Deft means to demonstrate skill and cleverness so wear deft with pride. Join the revolution.

## **Deft and Diversity**

An artist with a pallet of many colours has a selection of options in which to create a beautiful picture is able to accomplish this with many colours. With a limited amount of colours, an artist limits his colourful expression through a painting.

This is true for the importance of respecting and accepting diversity. Diversity allows for invigoration of any corporation, organization and so on.

We are extremely lucky to live on such a diverse planet which is filled a variety of cultures, backgrounds, creeds and ideas. For progressive growth, these diverse riches need to be appreciated through positive and respectable collaboration. In Britain, and especially within London, we are extremely lucky to host a diverse range of people that collaborate on a consistent basis.

Diversity should be celebrated. Through diversity we can engage in the truths and perspectives in which, autonomously, we reflect our truest selves. An artist with a pallet of many colours has a selection of options in which to create a beautiful picture is able to accomplish this with many colours. With a limited amount of colours, an artist limits his colourful expression through a painting. The dictionary definition of 'diversity' is simply, "a range of different things". It is better to have a range of things than just one thing.

At Deft UK, we believe that the opportunity to be collaborative in any context allows for a more enriching experience both professionally and personally. Mind-set is democratic. Deft UK is a democratic platform celebrating intellectual brilliance in diverse contexts. No matter what age, colour, creed, class and so on, a person's ability to demonstrate skill and cleverness is truly democratic unrestricted.

## Deft and Tolerance

Without tolerance, how can we truly collaborate?

To truly engage with another human being and allow that human being to communicate something and to teach you something, tolerance must be fundamental to the relationship. We are so fortunate to live in such a diverse community within the Western part of the world. The diversity within this landscape should be appreciated for progressive growth. For this to be a reality, tolerance is paramount.

The dictionary defines 'tolerance' as "the ability or willingness to tolerate the existence of opinions or behaviour that one dislikes or disagrees with". Sometimes, we human beings do not agree. That is not the end of the discussion or argument. An argument can increase a greater understanding, allowing for a fermented understanding of ideas and concepts. A narrow mind can miss out on the abundant wealth of a varying or different understanding.

The two fundamentals that reflect a prosperous existence are the mind leading to truth and a person's sense of humanity leading to goodness. Thus, truth comes through understanding and understanding comes through communication and enlightenment. If you do not listen to the truth of others you cannot know their truth. If you do not know their truth, you cannot understand them. Goodness is acquired through a democratic tolerance and compassion to one's fellow man.

Tolerance must be based on respect and an ethos that reflects an understanding of moral ethics and behaviours, allowing all parties to feel safe and respected. Tolerance must be based on certain facets: intellectual, spiritual, physical and so on. Tolerance overrides a politicized agenda, democratically encompassing all perspectives and contributions.

## Deft and Innovation

Traditions are important, but creativity and innovation allow the human psyche and experience to grow in a truly dynamic way.

Two questions are inspired by this factor:

- What is innovation based upon?
- What should innovation be based upon?

To truly invigorate an industry and professional setting, one must have an understanding of that industry based on experience and work. With an understanding of that industry, one can use their experience to invigorate the industry. The knowledge of what has not yet been done inspires creativity and what new thing can be done.

Knowledge of the old  Creativity of the new

Something being done every year, over and over again does not pertain to any real productivity. It is a cyclic conveyer belt. Likewise, if a person innovates without knowledge and experience of that industry, the innovation could fall short of any innovation at all because what one thinks is innovative may turn out to be unknown tradition!

To truly develop an innovative mind-set, knowledge, wisdom and integrity are necessary for intellectual facets for productive innovation. In 'Atlas Shrugged', Ayn Rand said that "that *all* work is creative work if done by a thinking mind". Thus, an unthinking mind cannot do any work at all. I could go as far to say that without a thinking and therefore creative mind, one does not exist. Rene Descartes said 'I think therefore I am'. Thus, thinking defines a person's sense of existence.

Thinking  Existence  Creativity  Productiveness

At Deft UK, we believe that productiveness must use creative intelligence. To be impactful in any way, one must engage in one's creative abilities so that innovation is a certainty. The dictionary defines innovation as "a new method, idea or product". To be innovatively productive one must have an understanding the old whilst focusing on the new.

## Deft and Wisdom

“Wisdom is the principal thing. So get wisdom and in all thy getting, get understanding”. I define wisdom as a moral understanding of truth. It is the reward of experience. It is the reward of applied knowledge. Wisdom is truth, understood. Understood how?

I believe experience and active work, contextualizing theories and ideals amplifies a persons’ knowledge and provides the obtaining of wisdom. Experience can develop a person’s emotional intelligence allowing them to pre-empt events, prophetically engaging in a product allowing a contextualized relevance.

A person who is qualitatively productive and therefore entrepreneurial requires wisdom based on their relevant experience. The dictionary definition of ‘wisdom’ is “the quality of having experience, knowledge, and good judgement; the quality of being wise”. Judgment should be based on a high level of understanding within the field or industry that the professional is concerned with.

The mental capability of a human being based on their active engagement with a field and spiritual understanding allows their mind-set to develop like a fine wine fermenting. The antonym of this affect halts a person’s wisdom and becomes somewhat useless without the active engagement. Therefore, it is of upmost importance for a person to continually demonstrate skill and cleverness within their proactive association.

### Wisdom process

- Talent
- Integrity
- Demonstration of skill and cleverness



Wisdom

“Wealth is a product of man’s capacity to think”  
Wisdom is the wealth based on one’s capacity to think.

## Deft and Spontaneity

Things shouldn't always go as planned!

Spontaneity is a direct link to inspiration, the necessary 1% for genius to thrive. It's the mind giving you a clue for invigoration. Rather than becoming stagnant, spontaneity uplifts the spiritual, intellectual and so on to experience new heights. The dictionary defines spontaneity as "the condition of being spontaneous; spontaneous behaviour or action". In different practices spontaneity is necessary for reflection and productive improvements.

The power of spontaneity is acting on it. Spontaneity can be a clue from the intuition or the subconscious giving hints of progression. It is the stimulus of inspired action. Spontaneity is fantastic for motivation. It invigorates the productive process to disallow a sense of stagnancy.

A SPONTANEITY acrostic poem

**S**pontaneous inspiration

**P**owerful motivation

**O**pportunity for innovation

**N**ewness

**T**iming is off-key

**A**ttitude

**N**ecessity for newness

**E**volved perspective

**I**ntelligent action and intuitive

**T**iming is off-key

**Y**ou won't regret acting on it

Many books declare the brilliance of spontaneity as a means of invigorating any experience.

## Deft and Education

Drawing out inner excellence is the best education a student can receive. The word *education* comes from the Latin word “educates” which means to train. It also relates to the word *educere* which means to “bring out, lead forth”. To educate a person assumes they have some form of prior knowledge based on innate knowledge and/or experience, a debate between the two main ideas of philosophy: Rationalism and empiricism. Whatever the case may be, education requires some form of active engagement from an intellectual perspective.

At Deft UK, we believe everyone deserves the experience of receiving an education to draw out the best of themselves through different means especially, the active experience of demonstrating skill and cleverness, being deft.

Some of the best educators are individuals with high expectations of their students and expect there to be some brilliance that lingers beneath. This is based on an established standard that the educator has in their head. Perspectives in education are exceptionally important as the expectations of students can usually determine the students’ outcome.

My favourite teacher at school was a lady that expected her students to do great things. There was no sense of undermining us as students as she firmly seemed to believe that we all had great potential. This created an extremely positive environment. During the first experience I had for the testing of attainment came in the form of year 6 SATs. This determined students’ level based on our primary education and therefore can be extremely stressful experiences for 11 year olds. However, our teacher was incredibly relaxed and positive about the whole event of preparing us for this initially thought ordeal. During our lessons, we would have 10 minutes of intensive work where the teacher would give us the understanding of some new concept. After that 10 minutes, we would be given the opportunity to play or to practise the method some more in intensive groups with our teacher. This deft approach to the revision process meant that our attitudes were very stress-free, resulting in the high levels we receive at the end of the year.

Deft in education means thinking outside of the box for better results.

## **Deft and Politics**

The way we interact as a global community determines the richness of where we are going. Brilliance is all about talent, naturally, but also relies on the collaborative nature of team work. Countries collaborating to gain the best products, conversations, inspirations and opportunities are paramount for the global experience. The two strands of politics are national politics and international politics. These both feed into the overall experience in which a human being can have.

### *National politics*

Countries should not be violent, but productively and innovatively competitive based on what the countries have to offer and productive collaborations the countries project to engage in.

### *International politics*

The world stage must be based upon diplomacy and respect allowing countries to showcase their autonomous prowess and collaborating in an equal and civil manner. This fundamentally must be down to respect. It is of utmost importance for countries to respect each other and for countries autonomously within the global context to feel at ease to fulfil their very best.

The dictionary defines politics as “the activities associated with the governance of a country or area, especially the debate between parties having power”. Power based upon the functioning of a country. Francis Bacon allegedly said that “Knowledge is power”. The political running of a country should be based on the wise understanding of how a country can function based on morals, principals and experience. This is democratically agreed.

Plato’s philosophy of the interaction of human affairs gives an insight into the democratic definition: “The philosophy of Plato is marked by the usage of dialectic, a method of discussion involving ever more profound insights into the nature of reality, and by cognitive optimism, a belief in the capacity of the human mind to attain the truth and to use this truth for the rational and virtuous ordering of human affairs.”

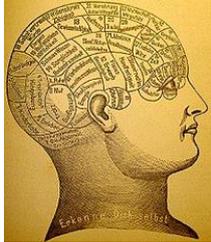
At Deft UK, we believe human interaction and collaboration should be qualitative, based on qualitative individualism and autonomy. The morality of that autonomy is democratically agreed. When individuals are deft, they reflect a substance that allows collaborations to be progressive. In order for collaborations and relationships to be positive, they must also be based upon intelligence and manners.

<https://www.iep.utm.edu/platopol/>

## Deft and the balance between Mind, Body and Soul

Mind, body and soul are three necessities for sports success.

### Mind



In the brand of Philosophy that discusses the philosophies of the mind, 'Philosophy of the Mind',

### Body

Our bodies qualify our sense of substance. It adds to the qualitative substance of who we are. Thus is an important part of the building of substance in any human being.

This is taken from <https://plato.stanford.edu/entries/aristotle-categories/>

#### Substance

The most fundamental category is **substance**. We have already seen that according to Aristotle substances divide into primary and secondary substances. Although Aristotle does not discuss the different kinds of secondary substances in the *Categories*, various remarks he makes throughout his corpus suggest that he would divide secondary substances into at least the following kinds (*DA* 412a17, 413a21, 414a35, *Meta.* 1069a30, *NE* 1098a4):

#### Substance

Immobile Substances — Unmoved Mover(s)

Mobile Substances — Body

Eternal Mobile Substances — Heavens

Destructible Mobile Substances — Sublunary bodies

Unensouled Destructible Mobile Substances — Elements

Ensouled Destructible Mobile Substances — Living things

Incapable of Perception — Plants

Capable of Perception — Animals

Irrational — Non-Human Animals

Rational — Humans

### Soul

The soul is the internal and eternal character that lasts forever. The dictionary definition of a 'soul' is "the spiritual or immaterial part of a human being or animal, regarded as immortal".

Thus, a human being's ability to create a balance between the mind, the body and the soul reflects an understanding of the balance of life allowing for a more progressive sense of productivity and innovation which sits upon an eternal ensuring the vessel is cared for, the mind innovates and the soul contextualizes the eternal relevance.

## **Deft and the Arts**

Ayn Rand said “Art is a re-creation of reality according to an artist’s metaphysical value-judgments”. I agree. She goes onto discussing the three strands that define the arts:

- Metaphysics (talent)
- Epistemology (wisdom)
- Aesthetics

These strands make up qualitative arts as a piece of art that justifiably gives reasoning for the metaphysical connection, the epistemological understanding it reflects and the aesthetics it echoes. All arts need to qualify with a justification of each three strands to hold a qualitative merit which demonstrates skill and cleverness.

### ***Arts by W.I.T***

#### **Talent** and the arts

The sublime tones of Nat King Cole, suavely, placing notes of pure elegance like raindrops on a silky window evoke an epitomizing of talent. The artist must reflect some form of an ability that is capable of reaching the realms of the metaphysical. So that it is not at risk of a person saying, “I could do that”.

#### **Integrity** and the arts

Talent however, is not enough. What one does with one’s talent is determined by a person’s sense of integrity. I believe, talent is always given for a positive and progressive reason, thus the vessel of that talent should find ways to utilize that talent to invigoratively inspire the lives of others.

#### **Wisdom** and the arts

When a person uses their talent with integrity and upholds moral standards for the presentation of their talent then a development of soft skills and an understanding of the importance of those soft skills starts to develop allowing a person to obtain wisdom within their character.

At Deft UK, we believe that the understanding of the arts is spiritual, moral and logical and requires a full grasp of these things to fully appreciate the arts. An artist demonstrates skill and cleverness via these facets.

## Deft and Productivity

In order to be productive, one must demonstrate skill and cleverness. Ayn Rand explores the necessity of creativity when being productive as any work that is achieved has an essence of newness. Thus, regurgitated, cyclic work does not necessarily pertain to a true sense of productivity. The achievement of work begins within the mind and the quality and quantity of work depends upon the positivity and strength of mind-set.



Deft Mind-set



Productivity/work/effort



Achievement

## Productivity and the Economy

In order for any economy to be fairly established and to maintain a sense of positive growth, a consistent sense of productivity must be formed. This must be established by the professional, cultural landscape of the country and the expectation of citizenship. If an economy is not based upon the progressive and qualitative productivity of the citizens then

## Productivity and mental well-being

Human beings are meant to achieve. A natural release of endorphins occurs when one has achieved something of varying level of significance. This is based upon the ideology that every individual in some capacity can demonstrate skill and cleverness, can be deft. This then relates to self-esteem and the confidence to go for things, to trial and error and to strive for a consistent sense of innovation. Productivity should be based on innovative inspiration and persistence through hard work.

In order for a person to be truly productive, many soft skills and values are developed within that person's character in order for that person to achieve the desired goal. Productivity is presentation of a person's integrity and deftness.

References at the bottom of pages.