





Mainhattan Lights e.K. Am Burggraben 5 65760 Eschborn Tel: 06196/5 23 90 45 Fax: 06196/5 23 90 46 Mail: info(at)mainhattan-lights.de Web: www.mainhattan-lights.de **MODULAR** understands the importance attached by consumers to lighting, design and technology. By consistently coming up with and creating clever, amazing and energy-friendly lighting solutions, we are constantly pushing the boundaries of architectural lighting. We continue to set the trend with our thoroughly well-thought-out handling of bold design. By making use of cutting-edge LED technologies and anticipating future energy trends, we remain faithful to our global role of pioneers in the industry, always keeping one step ahead. Rather than standing out, we achieve this with a discreet presence. This means the right solution, appropriate intensity and the desired result. To create the best lighting solution with Modular lighting, we listed some tips for each room.

GENERAL TIPS

... FOR THE KITCHEN

• Lighting in the kitchen has a dual purpose: sharp and bright light for working and cooking, as well as atmospheric lighting for sitting down to an enjoyable meal. • Pay attention to the natural incidence of light and avoid having light fall on your back so you are not cooking or working in your own shadow. • Ensure good basic lighting supplemented with functional lighting above the cooking area, the worktop or beneath the wall cabinets. • The lighting above these areas must be well-diffused and provide the necessary lux level (between 300 and 400 lux). • Fluorescent (TL) lamps are popular in the kitchen thanks to their clear and pure light, which is perfect for working. However, this does not always have that cosy look, so if you do opt for fluorescent lamps we recommend that you choose a dimmable version.

... FOR THE LIVING ROOM

• The living room has a host of functions: dining area, TV corner, reception and sometimes even an office area. Dining with friends, watching TV on the settee, reading a book – every situation calls for a different lighting effect. So, a combination of different types of light is needed. • Ensure good basic lighting using well-diffused built-in spotlights. Use directable spotlights to accentuate works of art, photos and the like. • Wall lighting, indirect lighting and decorative lighting give the room extra warmth. • Ensure different, separate circuits and make sure that all the lighting can be dimmed. • Bear in mind that dark walls absorb more light.

... FOR THE BATHROOM

Pay attention to damp and wet areas and consider the IP rating of the appliances you want to install there.
Ensure good basic lighting combined with atmospheric lighting to create the ultimate spa experience.
At the washbasin with mirror above you should always bear in mind the shadow caused by light reflecting on your face. A diffused light on both sides or on the ceiling above the washbasin creates a better effect.
To create a pleasant spa experience it is best to work with wall fittings, making sure these are on a separate circuit and can also be dimmed.

... FOR THE BEDROOM

• Provide different lighting to suit the various functions in a bedroom – settling down, reading a book, picking out clothes, etc. • Good basic lighting is important. Provide different power points. Make sure that you can switch off and, optionally, dim the lights both by the door and by your bed. • For reading, it is best to provide directable lighting next to both sides of the bed. You can opt specifically for a mounted fitting or for a bedside table lamp. Make sure that you can also dim this lighting. • Indirect wall lighting behind the bed creates a feeling of warmth in the room.

... FOR THE HALL AND STAIRCASE

• Work with a separate circuit so that you can control the lighting in the hall and staircase separately. • The use of the same type of lighting in both the hall and the adjoining living areas creates a uniform feeling and brings tranquillity to your home. • First impressions are important. Use a real attention-grabber if the hall is large to forge a connection between the high ceiling and the walking space used. • In a small hall it is best to work with rigid lines of light to create a larger space. • The light in the hall is perhaps on for longest in the average home, so we recommend that you use energy-efficient bulbs. • Ensure good lighting alongside the staircase. Use orientation lighting in the stairs or along the wall at the height of the stairs. This type of lighting actually accentuates the architectural character of the staircase.

... FOR THE GARDEN AND TERRACE

Fittings with LED, fluorescent and halogen lamps combined with motion and dusk sensors provide for the perfect ambience and comfort.
Go green and use LED lights outside. Their longer life span will keep your maintenance and replacement costs down.
Play with different heights of lighting so you create depth in your outside space.
Bring your inside outside by using the same light fittings on the terrace. Note the correct IP rating!

1 GETTING INSPIRED MEET THE NEIGHBOURS.













9







Duell surface

Scotty

Multiple surface

Kurk recessed

Trapz

Mini-multiple trimless

Lotis concrete

NEW



Smart Cake surface

Buzze

SL100 with Smart Kup

100









Spock wall

3

Chapeau

Smart cake

S

Split large

Stove

SL micro





5

Every square

Mini Thub metal

Lotis tubed surface











Split small







Cake

Nude

Nomad

Kurk surface

United







Bolster foot (for LED)





Soufflé

Smart Kup





Kup



Kurk

Lotis tubed suspension

SL mini

Spock foot





Smart Cake

Lotis tubed surface













Multiple trimless

Nude wall

Smart Lotis surface













Duell wall exterior



Lotis tubed exterior



United exterior

Mini Cake





Downut

SL mini

Mini-multiple trimless











Lotis square bathroom





Kup

Slide square IP44













Duell surface



Smart Lotis



Mini-multiple trimless

NEW

Buzze





Trapz





Nomad minimal short



Lotis tubed wall

Smart Cake surface

























Mini A(r)mor

Nukav

Duell wall







Bolster suspension





United

Lotis tubed surface







Nomad minimal desk

Cupid

5

Every square



SL mini naked



MO6

Bolster recessed

Square moon















United

Izar

Flat moon

























Nude exterior





Qliv

Hipy 67

1 MORE INSPIRATION?

MEET MODULAR.

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