





Mainhattan Lights e.K. Am Burggraben 5 65760 Eschborn Tel: 06196/5 23 90 45 Fax: 06196/5 23 90 46 Mail: info(at)mainhattan-lights.de Web: www.mainhattan-lights.de **MODULAR** understands the importance attached by consumers to lighting, design and technology. By consistently coming up with and creating clever, amazing and energy-friendly lighting solutions, we are constantly pushing the boundaries of architectural lighting. We continue to set the trend with our thoroughly well-thought-out handling of bold design. By making use of cutting-edge LED technologies and anticipating future energy trends, we remain faithful to our global role of pioneers in the industry, always keeping one step ahead. Rather than standing out, we achieve this with a discreet presence. This means the right solution, appropriate intensity and the desired result. To create the best lighting solution with Modular lighting, we listed some tips for each room.

GENERAL TIPS

... FOR THE KITCHEN

• Lighting in the kitchen has a dual purpose: sharp and bright light for working and cooking, as well as atmospheric lighting for sitting down to an enjoyable meal. • Pay attention to the natural incidence of light and avoid having light fall on your back so you are not cooking or working in your own shadow. • Ensure good basic lighting supplemented with functional lighting above the cooking area, the worktop or beneath the wall cabinets. • The lighting above these areas must be well-diffused and provide the necessary lux level (between 300 and 400 lux).

... FOR THE LIVING ROOM

The living room has a host of functions: dining area, TV corner, reception and sometimes even an office area. Dining with friends, watching TV on the settee, reading a book – every situation calls for a different lighting effect. So, a combination of different types of light is needed.
Ensure good basic lighting using well-diffused built-in spotlights. Use directable spotlights to accentuate works of art, photos and the like.
Wall lighting, indirect lighting and decorative lighting give the room extra warmth.
Ensure different, separate circuits and make sure that all the lighting can be dimmed.
Bear in mind that dark walls absorb more light.

... FOR THE HALL AND STAIRCASE

• Work with a separate circuit so that you can control the lighting in the hall and staircase separately. • The use of the same type of lighting in both the hall and the adjoining living areas creates a uniform feeling and brings tranquillity to your home. • First impressions are important. Use a real attention-grabber if the hall is large to forge a connection between the high ceiling and the walking space used. • In a small hall it is best to work with rigid lines of light to create a larger space. • The light in the hall is perhaps on for longest in the average home, so we recommend that you use energy-efficient bulbs. • Ensure good lighting alongside the staircase. Use orientation lighting in the stairs or along the wall at the height of the stairs. This type of lighting actually accentuates the architectural character of the staircase.

... FOR THE BEDROOM

• Provide different lighting to suit the various functions in a bedroom – settling down, reading a book, picking out clothes, etc. • Good basic lighting is important. Provide different power points. Make sure that you can switch off and, optionally, dim the lights both by the door and by your bed. • For reading, it is best to provide directable lighting next to both sides of the bed. You can opt specifically for a mounted fitting or for a bedside table lamp. Make sure that you can also dim this lighting. • Indirect wall lighting behind the bed creates a feeling of warmth in the room.

... FOR THE BATHROOM

• Pay attention to damp and wet areas and consider the IP rating of the appliances you want to install there. • Ensure good basic lighting combined with atmospheric lighting to create the ultimate spa experience. • At the washbasin with mirror above you should always bear in mind the shadow caused by light reflecting on your face. A diffused light on both sides or on the ceiling above the washbasin creates a better effect. • To create a pleasant spa experience it is best to work with wall fittings, making sure these are on a separate circuit and can also be dimmed.

... FOR THE GARDEN AND TERRACE

• Fittings with LED and fluorescent lamps combined with motion and dusk sensors provide for the perfect ambience and comfort. • Go green and use LED lights outside. Their longer life span will keep your maintenance and replacement costs down. • Play with different heights of lighting so you create depth in your outside space. • Bring your inside outside by using the same light fittings on the terrace. Note the correct IP rating!

1 GETTING INSPIRED MEET THE NEIGHBOURS.





Multiple(x)



Scotty adjustable



Médard ceiling



NEW COLOR

Trapz



min



Lotis tubed

Smart lotis











Split medium



Médard

Kurk







Every square

Smart cake









Duell surface

Rektor recessed





0

Chapeau

Duell wall









Flat moon square



Stove LED

Cake



Smart lotis with Smart surface box & mask





Kurk surface

Rektor recessed









Soufflé suspension











Kurk surface



Lotis tubed suspension



SL mini naked

Spock foot



Smart kup with Smart surface box & mask

Médard track











Smart cake with Smart surface tubed Mini multiple trimless

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Nomad
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Smart lotis with Smart surface box & mask











Downut



Duell wall

Lotis tubed



United



Duell recessed



Smart cake with Smart mask



2.95















Smart kup with Smart surface tubed Lotis square

Smart cake diffuse

Slide square





Médard ceiling



Kurk

Smart lotis

2

S

Spock wall









Split small













SL149 with M-LED 111



Lotis tubed wall

Smart cake with Smart surface box & mask













) D





Marty









MP78

Mini a(r)mor









Soufflé surface up/down

transp.





Kurk surface







Nomad minimal desk

2FLAT2C with Smart cake



Nomad



SL mini poly out



United





SL100 with Smart kup





Izar LED

Flat moon LED















Julien square









George







Nude exterior

Portfolio 0.2

Hipy 67

1 MORE INSPIRATION? MEET MODULAR.

MODULAR LIGHTING INSTRUMENTS – HEADQUARTERS (for general information and sales network addresses in other countries) Armoedestraat 71 | 8800 Roeselare | Belgium Tel: +32 (0) 51 26 56 56 | Fax: +32 (0) 51 22 80 04 welcome@supermodular.com | www.supermodular.com

Australia & New Zealand 22-38 Yurong Street | Darlinghurst NSW 2010 | Australia Tel: +61 2 9571 8800 | Fax: +61 2 9571 88 11 welcome@modularlighting.com.au | www.supermodular.com

Belgium Armoedestraat 71 | 8800 Roeselare Tel: +32 (0) 51 26 56 56 | Fax: +32 (0) 51 22 80 04 welcome@supermodular.com | www.supermodular.com

Concept Gallery | Riemstraat 32 | 2000 Antwerpen Tel: +32 (0) 3 298 40 14 | info@conceptgallery.be | www.conceptgallery.be

China Suite 7302, Bridge 8, No. 10 Middle Jianguo Road | Shanghai Tel: +86 21 6466 8828 | Fax: +86 21 6466 6896 gc.modular@philips.com | www.supermodular.com

Denmark Klubiensvej 22, Pakhus 48 | 2150 Nordhavnen | Copenhagen Tel: +45 3613 2100 | Fax: +45 3613 2101 welcome.denmark@supermodular.com | www.supermodular.com

France 31, Rue du Mail | 75002 Paris Tel: +33 1 45 42 24 25 | Fax: +33 1 45 42 43 20 bonjour@supermodular.com | www.supermodular.com

Germany Tel: +32 (0) 51 26 56 56 | Fax: +32 (0) 51 22 80 04 welcome.germany@supermodular.com | www.supermodular.com

Iberia & Latin - South America Tel: +34 617 304905 | Tel: +32 (0) 51 26 56 56 welcome.iberia@supermodular.com | www.supermodular.com

India 9th Floor, DLF-9B, DLF Cyber City | DLF Phase 3, Gurgaon 122002 Tel: +91 124 4606560 | papiya.bose@philips.com

Italy Via E.T. Moneta 40 | 20161 Milano Tel: +39 02 662421 | Fax: +39 02 66203400 welcome.italy@supermodular.com | www.supermodular.com

Japan 5-9-3 Minami azuku, Minato-ku | Tokyo 106-0031 Tel: +81-3-5775-2511 | Fax: +81-3-5775-2512 welcome@modularjp.com | www.supermodular.com

Luxembourg 5, Rue de l'Église | 1458 Luxembourg/Hollerich Tel: +352 621 438 899 | Tel: +32 (0) 51 26 56 56 welcome@supermodular.com | www.supermodular.com

weicome@supermodular.com | www.supermodular.com

The Netherlands Bouwerij 54 | 1185 XX Amstelveen Tel: +31 (0) 20 347 30 47 | Fax: +31 (0) 20 347 30 48 info@modular.nl | www.modular.nl

Norway Eidsvågbakken 1 | 5105 Eidsvåg (Bergen) Tel. +47 92 21 92 20 Nedregt 7 | 00551 Oslo Tel: +47 928 14 481 welcome.norway@supermodular.com | www.supermodular.com

Russia

Tel: +7 919 991 57 54 | Tel: +32 (0) 51 26 56 56 welcome.russia@supermodular.com | www.supermodular.com

Sweden Studio B3 – Barnhusgatan 3 | 111 23 Stockholm Tel: +46 8 523 29 900

welcome.sweden@supermodular.com | www.supermodular.com
Switzerland
Aargauerstrasse 250 | 8048 Zürich

Tel: +41 44 456 44 00 | Fax: +41 44 456 44 09 welcome.switzerland@supermodular.com | www.modular-lighting.ch

The Netherlands Bouwerij 54 | 1185 XX Amstelveen Tel: +31 (0) 20 347 30 47 | Fax: +31 (0) 20 347 30 48 info@modular.nl | www.modular.nl

United Kingdom 28, Leonard street | 2C2A4BY London Tel: +44 (0) 20 7681 99 33 | Fax: +44 (0) 20 7681 99 43 sales@atrium.ltd.uk | www.modular-lighting.co.uk

USA & Canada 14 Wooster street | NY 10012 New York Tel: +1 212 966 1399 | Fax: +1 212 966 1799 infous@luceplan.com | www.supermodular.com

