

*Beauty Boutique*

BEAUTY. NAILS. COSMETICS. TANNING

EST. 1999



---

**WELCOME TO BEAUTY BOUTIQUE -  
INDUSTRY LEADERS IN RESULTS DRIVEN TREATMENTS.**

**At Beauty Boutique we offer cutting edge treatments keeping you current in a fast-paced beauty industry; we passionately serve all your beauty and aesthetic needs under one roof.**

**Visit our Urban-Chic salon where you can retreat to our surprisingly quirky themed Treatment rooms, and indulge in our carefully selected ethical product ranges. We pride ourselves on being an award-winning salon with experienced, highly trained therapists, ready to guide you on your Beauty Boutique experience.**

## **Bookings**

**Book On Line 24/7 - [beauty-boutique.org.uk](http://beauty-boutique.org.uk)**

Use the link on our website or the 'book now' button on our Facebook page where you can book, amend or re-arrange your appointments.

Online bookings require a non-refundable deposit with a credit card to secure your booking. If less than 48 hours to appointment you will need to call to make any cancellations or amendments.

Cancellations with less than 24hrs' notice and unattended appointments will be charged for the full amount of your bill.

**Email - [beautyboutiquecromer@gmail.com](mailto:beautyboutiquecromer@gmail.com)**

**Phone - 01263 511945**

A 20% deposit may be required for larger bookings. Group booking of 4 or more require 50% deposit on booking and balance 7 days prior to appointment.

## **Good House Keeping**

We respectfully request for the benefit of guests wishing to relax that noise is kept to a minimum in our quiet zones. Please help out by leaving young children at home and placing mobile phones on silent prior to arriving.

## **Our Loyalty Rewards Scheme**

Collect points and exchange them for "Treatment Rewards\*". We'll give you 1 point for every £1 spent on treatments or products. The more points you have, the greater the reward! It's free to join; for more information and to sign up ask in salon. \*Terms and conditions apply.

---

# Hands & Feet

---

Various finishes are available for our manicures and pedicures, just choose your service then decide which finish you require - from a complimentary shiny buff up or clear gloss. 5 day wear OPI Nail lacquer with over 150 shades to choose from. Infinite shine for 3 extra days of wear, a high shine finish and quicker dry time. Or gelColour for instantly dry nails and 2 weeks of chip free colour. French finish, allow extra time and add on £2.

## **SIGNATURE TREATMENT**

### **Deluxe Manicure 26**

**Lacquer 29**

**Infinite Shine 31**

**gelColour 35**

Our deluxe OPI proSpa treatment with Cupuaço butter and White Tea is the ultimate in moisturisation, protection and age prevention. A micro-dermabrasion style polish with vitamin C will renew the skin, a massage with daisy extract, lavender and peptides and a paraffin wax hand masque with heated mittens will pump skin with vitamins and essential fatty acids providing deep hydration and protection, finishing with a nourishing avocado, kukui nut and grapeseed cuticle oil and brightening hand serum.

### **Mojito Manicure 21**

**Lacquer 24**

**Infinite Shine 26**

**gelColour 30**

You'll be 'Livin La Vida Loca' with this zesty Natural Spa Factory treat. Your hands will be bathed and scrubbed to perfection using refreshing and cooling lime and lemongrass salt bath and scrub. Followed with 100% raw virgin coconut oil massage, cuticle work and desired finish.

### **Boutique Manicure 16**

**Lacquer 19**

**Infinite Shine 21**

**gelColour 25**

This popular OPI nail service will see your nails perfectly filed and shaped and cuticles tidied. Includes a choice from 10 different fruity moisturising Avojuice lotions for a your hand massage, followed with your desired finish.

### **Strengthening Manicure 18**

The perfect treat if your nails are in need of a little TLC. Weak, brittle, soft or peeling nails will be nourished and nurtured with this nail strengthening manicure. Includes cuticle tidy and hand massage followed by nail buff and shine and prescription coat of OPI Nail Envy strengthening treatment and cuticle oil.

## **Natural Spa Factory**

### **Pedicure 26**

**Lacquer 29**

**Infinite Shine 31**

**gelColour 35**

Using products infused with the fragrances of the season, this treatment is different every time! After soaking in a hot bath with rasul salts we'll exfoliate your feet and legs with a salty scrub. A skin smoothing complex will soften hard skin before filing, followed with an oily foot and leg massage, a hydrating foot wrap and finishing products to seal and protect the skin.

### **Boutique Pedicure 19**

**Lacquer 21**

**Infinite Shine 23**

**gelColour 27**

A monthly treat to maintain feet in peak condition, includes soak, cuticle tidy and nail trim and shape, exfoliating scrub, removal of hard skin and foot massage with soothing botanical extracts, followed with your desired finish.

## **Callus Peel Treatment**

**Two patches 16**

**Four patches 29**

A treatment peel, strong enough to remove the hard or cracked skin. A cocktail of skin-softening ingredients is applied to the area, the softened dead skin is then removed painlessly and expertly filed until smooth. Deeper cracks may require more than one treatment. 1 patch will cover 1 heel or balls of foot.

# Nail Enhancements

---

A Gloss finish is applied as standard but if you like you can choose to add a lacquer or coloured gel –these do add on extra time so adding them at time of booking is advisable

## **Nail Extensions** **39**

<b>Sculptured tips</b>	<b>45</b>
<b>Tips plus lacquer</b>	<b>41</b>
<b>Tips plus Infinite Shine</b>	<b>43</b>
<b>Tips plus gelColour</b>	<b>45</b>

Our nail extensions will add length to short nails. We exclusively use OPI's Absolute Acrylic. Our experienced technicians will talk you through the options available. We use natural (clear) or French (white) plastic tips covered in acrylic of your choice as standard, or we can sculpt a tip by hand straight onto your nails. Sculptured tips can be in French, colour or glitter acrylic.

## **Nail Overlays** **29**

<b>French</b>	<b>35</b>
<b>Plus lacquer</b>	<b>31</b>
<b>Plus Infinite Shine</b>	<b>33</b>
<b>Plus gelColour</b>	<b>35</b>

A thin layer of clear, pink or coloured acrylic is applied over the length of your natural nails, this extra layer provides strength (without length) and allows nails to grow. As with nail extensions, overlays will require in - filling, rebalancing or removal after 2-3 weeks.

## **In-Fills** **29**

<b>French re-balance</b>	<b>35</b>
<b>Plus lacquer</b>	<b>31</b>
<b>Plus Infinite Shine</b>	<b>33</b>
<b>Plus gelColour</b>	<b>35</b>

For nail extensions or nail overlays. In-fills are required every 2/3 weeks for maintenance and repairs. We fill in the gap by the cuticle, making nails look like new again. Includes up to 3 replacements, additional replacements will be charged at single nail/repair rate.

## **Single nail** **5**

We all have accidents sometimes; a single new nail extension or nail overlay is applied or if you need a nail repaired, re-gelled or soaked off and replaced. Additional finishes extra.

## **Nail Art**

<b>Per nail</b>	<b>2*</b>
<b>Per 15 minutes</b>	<b>5*</b>

From hand painted designs, glitter nails, jewels, studs, 3D acrylic or nail stamping art can be applied on top of any nail enhancement or gel or lacquer. A full set will take a minimum of 30 minutes depending on how intricate the design, so make sure you book enough time. \*prices from

# Removal

---

## **Post Enhancement Service**

<b>Gel varnish</b>	<b>18</b>
<b>Acrylics or Hard gel</b>	<b>20</b>

Poor removal will damage your natural nails. Using our post enhancement service we can gently remove them without causing damage. We'll then tidy and shape and buff your natural nails (all done by hand - no drills!) then we'll apply a prescriptive base coat of OPI Nail Envy strengthener.

## **Soak off prior to additional nail treatment**

<b>Gel varnish</b>	<b>6</b>
<b>Acrylic or Hard gel</b>	<b>10</b>

Having your nails re-done? Removal is charged at a reduced rate from above if you are having your nails re-done on the same appointment, if you're not having another nail treatment please book the post enhancement service for full removal.

# Lashes & Brows

---

**\*A patch test is required 24 hours prior to appointment for anyone who has not used our tint / HiBrow tint or our lash glue before, or within 12 months. No booking is necessary for a patch test.**

## HiBrows

### Bespoke designer Eyebrows

<b>Hi Brow First Session*</b>	<b>25</b>
<b>Hi Brow plus Brow make-up</b>	
<b>Palette (palette £30)</b>	<b>49</b>
<b>Hi Brow Maintenance</b>	<b>20</b>

Have you ever wondered how celebrities manage to get those perfectly formed eyebrows? The secret is HiBrows- the treatment that defines the natural beauty of your eyebrows through a unique and revolutionary high definition process. Perfect for unruly brows, misshapen or mismatched brows, anyone growing brows back or changing the shape or simply wanting that perfect brow.

In this 1 hour appointment, after consultation, the area is accurately measured and marked out, brows are dyed colour of choice, waxed above and below, precision tweezed, hairs are trimmed and forehead is threaded. Then a growth serum is applied, followed with mineral camouflage to conceal any redness, custom brow colour (soft or full looking) and a touch of highlighter using HiBrow stencils and brow wax to finish which will waterproof brow make-up for up to 48 hours. \* a patch test is required.

## Eyebrows

<b>Eyebrow Tidy</b>	<b>8.50</b>
<b>Eyebrow Tint*</b>	<b>7.50</b>
<b>Eyebrow Tidy and Tint</b>	<b>14</b>

## Eyelash Extensions\*

<b>Full set</b>	<b>90 minutes</b>	<b>50</b>
<b>Maintenance+</b>	<b>60 minutes</b>	<b>40</b>
<b>Maintenance</b>	<b>45 minutes</b>	<b>30</b>
<b>Removal of Lash</b>		<b>8</b>
<b>(free with a new set)</b>		

Using our platinum strength adhesive, natural lashes are thickened and lengthened with immediate amazing results. The lashes are almost weightless making them comfortable to wear, they're completely waterproof and the results can last for weeks. They look and feel and just like your own only better! We use only the best Mink (silky finish) lashes and the price is inclusive of under-eye collagen gel pads (no tape!) to make the treatment as comfortable as possible. A maintenance session is recommended to fill in the gaps as they naturally shed every 2-3 weeks. If they've been on 3 weeks or longer, you'd like a fuller top up or a half set- book a maintenance+ session.

## Eyelashes

<b>Eyelash Tint*</b>	<b>15</b>
<b>Eyelash and Eyebrow Tint*</b>	<b>20</b>
<b>Lash &amp; Brow tint &amp; brow Tidy *</b>	<b>23</b>
<b>Strip Lashes (application only)</b>	<b>5</b>

*Please note failure to have a patch test will result in us not being able to do your treatment*

Every face  
tells a  
story



**dermalogica**<sup>®</sup>

We are skin therapists. We read skin.

#myfacemystory

# dermalogica Specialist Facials

---

Your face tells its own unique story and a great skin treatment should be personalised just for you. Whether you have an oily t-zone and flaky cheeks or puffy eyes and sensitivity, your treatment will be tailor made each time to solve your specific concerns all you need to do is decide the time you've got available and our highly trained skin therapist(s) will do the rest.

## dermalogica face mapping® skin analysis

---

15 minutes                      free

As part of every dermalogica skin treatment, you will receive a complimentary skin analysis, coupled with discussion on your key concerns; we'll give you incredible personal insight into why your skin is the way it is. Leave armed with full understanding of how to have the best your skin can have and a ton of professional tips on getting the most out of your homecare. May be booked separately

## dermalogica SkinSolver® treatment

---

10 minutes                      10

This express seated treatment is your ticket to glowing skin in a flash. Let your professional skin therapist show you professional hacks that get you the max in healthy skin. SkinSolvers change every time, they may include technology and are ideal if you are new to skin treatments, need a skin pick me up, short on time or prior to a special event.

## dermalogica Microzone® treatment

---

20 minutes                      20

In just 20 minutes you can have a skin treatment. Yes, twenty minutes! No, you won't get the massage or full-on layers of steps, but you will get a high impact treatment to target a specific concern. Want to look brighter: have a targeted exfoliation? Want replenishment: focus on serums and masques? Teenage skin: targeting clearing. This is a firm favourite for those with minimal time and is great value for money.

## SIGNATURE TREATMENT the dermalogica treatment

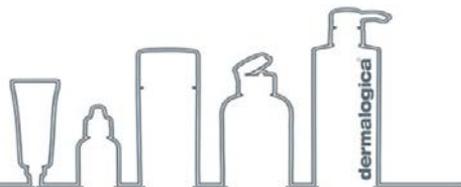
---

Specialist   Expert

50 minutes	32	40
65 minutes	42	50
80 minutes	52	60

Ah, just breathe. If life feels just too busy and your skin and body are shouting 'help me!', this is what you need. Put yourself in the hands of a skin therapist for as long as you choose and they will personalise a skin treatment just for you but will also calm your mind and soothe your body in a world of relaxation. Professional double cleansing, exfoliation, face mapping skin analysis, aromatherapy massage, masques, hot towels and choice of additional touch therapies\*... it's all on the agenda. Trust me, if you have never experienced a dermalogica treatment, you haven't lived!

you may not understand your skin **but we do.**



# dermalogica Expert Facials

---

Performed by highly-trained, highly-experienced skin therapists. In as little as forty-five minutes you enter the realms of some serious science with options for highly active Acid Peels and treatment Serums and Masques driven into the skin using advanced technology like Ultra Sonic and LED. The jargon is not important. What's important is that today's modern peels leave the skin looking incredible fresh and healthy while feeling smooth and calm. No downtime, just amazing skin. And all that technology simply boosts results to another level, targeting lines, reducing brown spots and healing breakouts. This is the treatment for people who have more serious skin concerns regarding aging, breakouts and hydration and want to see results fast.

## IonActive

**50 minutes**

**59**

**Course of 3  
Course of 6**

**165  
300**

Dermalogica's latest innovation! IonActive power treatment is an action packed, bio+ charged treatment combining thermal activity and the latest treatment room technology to optimise product penetration for rapid skin health results. With the use of professional modalities like ultrasonic, microcurrent, cold and heated stones and LED as well as advanced massage techniques your skin will look and feel dramatically improved. This IonActive Power Treatment works with the traditions of dermalogica, personalising your treatment with the science of ionisation to drive active ingredients faster and further into your skin. This high tech, high touch treatment was created to target 4 specific skin concerns including skin aging, hyperpigmentation, acne or dehydration. For best results a course of up to 6 is recommended

## Bio Surface Peel

**75-90 minutes**

**60**

**Preliminary Treatment,  
Consultation, & Patch Test 20**  
(non optional)

**Course of 6 320**  
(includes preliminary appointment and 1  
Aftercare product Kit)

Reveal clear, radiant skin! Dermalogica believe a chemical peel should work with the skin not against it. This expert strength peel is designed to resurface the skin with minimal recovery time. Our unique multi phase approach works with the skin's biology to safely slough away dull epidermal layers and accelerate cell renewal without inflammation and prolonged downtime typically associated with chemical peels. Contrary to popular belief, a professional chemical peel shouldn't leave skin damaged, inflamed or flaking; despite its name, there should actually be no (or very little) peeling in a chemical peel. Bio Surface Peel successfully targets hyper pigmentation and post inflammatory pigmentation, uneven skin texture, fine lines and wrinkles, breakouts and acne and scarring taking skin health to a whole new depth. Up to six treatments may be required.

For best results a course of up to 6 is recommended

# BDR Advanced Aesthetic Facials

---

The leading non-invasive facial system from Germany, BDR is much more than a device or a skincare range; it's a skin treatment philosophy that employs a revolutionary range of technologies adapted from dermatology and aesthetic medicine to stimulate the skin's own natural repair mechanisms and rejuvenate the skin on multiple levels. We can safely and effectively treat acne, hyperpigmentation, wrinkles, scars and sagging skin with incredible results – no discomfort, no downtime – just healthy, beautiful skin

## Pre Treatment Consultation

**FREE**

Following a skin assessment your BDR skincare professional will explain the treatment philosophies and help you decide which ones are right for your needs. A treatment or treatment series will be recommended to treat and target your individual concerns and they can show you how to support the results of your BDR treatment at home and wake up to beautiful skin every day with a customised skincare protocol.

## SIGNATURE TREATMENT

### Rejuvenating Treatment

**110**

Our most advanced anti-aging treatment available; feel your skin become smoother, firmer and tighter during this multi-phase treatment. A combination of a skin peel and dermabrasion to resurface, brighten and smooth, Skin needling and intensive serums to reactive skin functions and improve fine lines and wrinkles and relaxing massage to reduce puffiness, drain toxins and strengthen weak muscles finishing with LED to give you visibly younger, healthier skin and all with no down time!

For lasting results a course of treatments is recommended.

**Course of 4 - 400**

**Course of 8 - 720**

**Why not add on : Targeted deep line needling (price per 25 minutes)**

**40**

**Rejuvenating hand Treatment**

**15**

### Skin Needling (Mesotherapy)

**75**

During this treatment the skin is lightly needled in a gentle and rapid manner creating the channels for transporting biologically active Botox like ingredients to where they are most effective. The needling has a firming effect on lines and wrinkles and also triggers the skins natural regeneration process. After the treatment the skin will regain a fresher, more radiant and plumped appearance. The micro needles in this treatment will penetrate 3 times the depth of the needles used for the rejuvenating treatments for maximum results. Includes 0.7mm Skin Needling, Good Vibes and LED Masks.

**Course of 4 - 280**

**Course of 8 - 520**

**Why not add on : Targeted deep line needling (price per 25 minutes)**

**40**

### Dermabrasion

**50**

Using patented technology this skin buffing dermabrasion can immediately restore smoother feeling and looking skin and reduce the appearance of superficial wrinkles, pigmentation and large pores. Includes Re-action peel, dermabrasion, followed by Good vibes mask.

**Course of 4 - 180**

**Course of 8 - 320**

### Acne Treatment

**65**

An active treatment for oily or acne prone skin, soothes redness and inflammation and reduces breakouts and pore size. Blue Light therapy and dermaceutical serums produce long lasting results. We recommend a course of treatments alongside a dermaceutical home-care prescription from your skin therapist for faster more effective results. Treatment includes Re-action, Micropeel and/or dermabrasion, optional extractions and Blue LED.

**Initial Course of 4 including dermaceutical homecare kit (kit : any 4 items to value £ 240)**

**440**

**Secondary Course of 4 treatments**

**240**

# The BDR Concepts explained:

**Re-action** - A gentle peel with large molecule fruit acids clears cornified skin cells and loosens cellular tissue to prepare the skin to allow penetration of biologically active substances to boosts radiance and hydration.

**Micopeel** - A mild micro-dermabrasion implement with sterile synthetic tips, that helps remove the prepared loosened dead skin cells. Reduces pore size, and guarantees the absorption of products.

**Dermabrasion** - Patented exfoliation technology brushes away cells from the skin's surface refining skin texture, pigmentation, fine lines and wrinkles

**Needling**- (Mesotherapy) 0.2mm-0.7mm micro needles form thousands of skin channels in the upper skin layer to activate the natural regeneration process of the skin. Botox-like peptides will then be absorbed and act immediately to give a natural plumping effect.

**Targeted deep line needling** - high-definition micro needles dipped in biologically active substances applied into the heart of deeper wrinkles will stimulate deep tissue cell regeneration. Botox-like peptides are then applied to insure a progressive wrinkle-smoothing effect. Targeted needling can also be used for treatment of post acne scarring, pockmarks, body scars and stretch marks. A course of treatment is recommended and some down time may be required as swelling and redness is to be expected.

**Sublime hands** - statically charged gloves worn by the therapist combined with lymphatic drainage massage techniques will strengthen weak muscles and improve facial contour whilst draining toxins from the skin and stimulating skin functions.

**Red and Blue LED** - there are many benefits to LED including -activating collagen production for more elasticity and firmness, tightening pores, fading brown spots, promoting blood circulation, increasing oxygen levels and stabilizing moisture, strengthening the skin's metabolism, bacteria reduction, calming of redness and inflammation and reducing the recurrence of acne - to name a few!

**Good Vibes eMask** - as well as muscle toning this vibrating mask promotes wellbeing and relaxation to relieve tension which can lead to lines, lymphatic drainage is stimulated to reduce puffiness and drain unwanted toxins from the tissues leaving skin with luminous appearance.



An underwater photograph showing a diver's hand reaching towards a large, dense stream of bubbles rising from the bottom. The water is clear and blue, with light filtering through from above, creating a shimmering effect on the bubbles and the diver's hand.

*natural Spa factory™*

— EST. BATH ENGLAND —

# Spa Therapies

---

Using only the finest botanically sourced ingredients that nature has to offer, our gender neutral spa treatments from the Natural Spa Factory will leave your skin indulged and your senses filled with the fragrances of the changing seasons.

---

## Back Bliss

**40 minutes** **35**

A little taster of spa heaven. This half-body treatment will polish up your back with selected salts, a cleansing steamed towel removal and finishing with a oil massage for your back, shoulders, and backs of legs.

---

## Scrub me down

**40 minutes** **35**

Choose from an enticing selection of scrubs on our scrub-me-down menu –all good enough to eat! This therapy stimulates circulation and polishes skin to a soft silky finish while the oils provide the critical hydration and nourishment the skin needs. After a steamy shower we'll then drench your skin in 100% raw virgin coconut oil leaving you feeling refreshed and invigorated.

---

## Skinny Seaweed Swaddle

**65**

A five step body treatment to help cleanse, soothe and shift water retention. A combination of seaweeds will help flush out toxins, hydrate skin and reduce cellulite, whilst grapefruit and raspberries assist with banishing the bloat and detoxing the digestive system. Includes: Pre-cleansing water, Slimming Laminara (seaweed) cocoon for body and face, shower, full body drainage massage and post-cleansing tea.

---

## Columbian Rush Cocoon

**75**

Ahh wake up and smell the Columbian beans! This intoxicating brew is infused with coffee, green cardamom and bitter chocolate . A full body scrub will stimulate circulation; it's the perfect accompaniment to a ginger, orange and cocoa bean body cocoon, while you relax in your wrap, a detoxifying facial with scrub and Aegean charcoal face wrap. After showering we'll moisturize skin with a drizzling of warm oil infused with cacao flower, soybean and coconut oil.

---

## SIGNATURE TREATMENT:

### Gold & Caviar Face & Body Ritual

---

**80**

You'll feel pampered from head to toe with our most decadent of treatments. This skin indulgent body cocoon is packed full of warming amber and anti-aging gold, with nourishing grapeseed and fruit acids for skin renewal. Follow this with our signature gold facial with extracts of pearl, caviar, and golden honey. Then a tension relieving gold dry oil scalp massage. But it doesn't end there; after showering a 23 carat gold and caviar moisturiser, a gold and caviar dry body oil, and finishing with a stress relieving foot massage. You'll leave with radiant glowing skin with a subtle gold shimmer.

# Massage & Holistic

---

## Swedish Deep Tissue Massage

<b>65 minutes</b>	<b>40</b>
<b>50 minutes</b>	<b>35</b>
<b>25 minutes back</b>	<b>25</b>

This freestyle massage uses a combination of Swedish and Deep Tissue massage techniques to relax the mind and reawaken the body. Choose from a selection of Natural Spa Factory oils. Just select the time you have available and we'll do the rest

## Aromatherapy Body Massage

<b>80 minutes</b>	<b>45</b>
-------------------	-----------

Sink into candlelit tranquillity. This powerful massage with custom blended pure, essential oils will help treat and re-balance any health associated problems you may have. This softer, slower massage includes the face and scalp to help you unwind, and hot steamed towels to finish will revive you from your slumber.

## Hot Stone Body Massage

<b>50 minutes</b>	<b>42</b>
<b>25 minutes back</b>	<b>32</b>

Revitalise and re-energise with the heat found in natural basalt stones. Allow yourself to sink into complete relaxation while the benefits of the stones relieve your aching muscles, stimulate circulation and lymphatic drainage.

## Warm Candle Massage

<b>40 minutes</b>	<b>32</b>
-------------------	-----------

Our warm, soothing massage candles are drizzled directly onto the skin. Select from a choice of the most indulgent French fragrances, the candles rich in soybean oil, coconut oil and beeswax. This massage for the back half of your body will leave you relaxed and your skin indulgently nourished.

## Chinese Head Massage

<b>25 minutes</b>	<b>25</b>
-------------------	-----------

This energising treatment for the scalp, neck and shoulders and face relaxes and re-balances the mind, body and spirit. Relieves tension headaches and the stresses of everyday life, leaving you with a complete feeling of well-being.

## Bumps a Daisy Pregnancy Back Massage

<b>25 minutes</b>	<b>25</b>
-------------------	-----------

Performed in a sitting position this natural spa company treatment is infused with Neroli and Sweet mandarin, complemented with Rose oil, Ho wood and orange to increase circulation, ease water retention and aid a good night's sleep. Not suitable during first trimester

## Hopi Ear candling

<b>40 minutes</b>	<b>25</b>
-------------------	-----------

Known as thermal-auricular therapy this ancient American Indian treatment is primarily used for the removal of ear wax. This treatment will help most ear problems including tinnitus, sinus problems & congestion, head aches, stress and nervous tension. After relaxing to the warmth and sound of the crackling flame we will perform an complimentary aromatherapy pressure point facial massage to drain lymph fluid.

# Experiences

---

## The chapel of Love (Bridal)

**120 minutes 95**

Prior to wedding: consultation session to go over all your beauty needs for your special day. The Microzone skin treatment with a skin expert - a chance for us to see what condition your skin is in; you'll get samples and homecare prescription to address any problem areas prior to your day. An Eyelash Tint and Eyebrow Shape and tint, a trial run Make-Up, then on your wedding day a Bridal Make-Under in the salon.

## Duchess of Cromer

**80-95 minutes 60**

Chose from either a OPI Boutique Manicure OR an OPI Boutique Pedicure with lacquer finish. A dermalogica Microzone facial will leave your skin polished and glowing; we'll then soothe away those daily tensions with a relaxing Swedish massage for your back.

## Duke of Cromer

**80 minutes 60**

A Microzone facial cleanse and scrub to start, (we'll also tidy up any unruly brows if we think they need it!). Then choose either a trim and file nails for hands or for your toes. Then relax.... We'll warm the spirits with a intoxicating Whiskey salt scrub to the back, and to complete the treatment a Swedish back massage will leave the skin revitalised without being over the limit!

Why not book a Duke & Duchess couples package! Also available as double duke or double duchess for partners or friends.

## Tribal Dreams

**80 minutes 70**

After a head, neck and shoulder massage to relax your mind you will then have a traditional native American Hopi Ear Candling treatment to relieve headaches, congestion and rest the mind and finally to help you drift off a Warm Candle Oil Massage for your back, neck and shoulders.

## Monroe's Party Starter

**90-110 minutes 62**

Starting with a Mojito Manicure with gelColour and a complimentary gin and tonic! Then chose from either the bareMinerals experience (facial & make-under) or St.Tropez spray tan plus mini OPI pedicure. The perfect pre-party recipe to spend time with the girls.

## Baby on Board

**80 minutes 55**

Our pregnancy safe Bumps-a-daisy treatment with Sweet mandarin and Neroli will increase circulation, whilst rose oil, Ho wood and orange will help fluid retention. After a facial cleanse, exfoliation and massage we'll exfoliate and massage those hard to reach feet and lower legs. Then your toes will perfectly painted in your chosen OPI lacquer. Finishing with an upper shoulder and head massage to help any tension and aid a restful nights sleep.

## Beachcomber

**85 minutes 55**

An hour of waxing of your choice, plus eyelash tint and OPI mini pedicure for your toes will have you holiday ready in a flash!

# Waxing

---

## Ladies

Half leg wax (ankle to knee)	<b>18</b>
Half leg Inc. Bikini wax/ Inc. Californian/ Inc. Brazilian / Inc. Hollywood	<b>24/28/31/33</b>
Full leg wax	<b>25</b>
Full leg wax Inc. Bikini / Inc. Californian / Inc. Brazilian / Inc. Hollywood	<b>31/35/38/40</b>
Bikini Line (removes hair outside knicker line only. Inc. naval)	<b>10</b>
Lower back or full stomach	<b>9</b>
Forearm	<b>10</b>
Underarm	<b>9</b>
Lip OR chin	<b>7.50</b>
Lip AND chin	<b>9.50</b>
Half face (lip, chin, cheeks, jaw and neck)	<b>11</b>
Eyebrow wax and shape	<b>8.50</b>

## Intimate Ladies Waxing

Californian (A high cut bikini line, inc. inner thigh/outer derriere and naval)	<b>14</b>
Brazilian wax (leaves a small strip on pubic bone, inc. full derriere and naval)	<b>18</b>
Hollywood (removing all hair)	<b>22</b>

## Ladies wax package

Full leg wax, standard bikini line wax, underarm wax plus one facial area of your choice	<b>50</b>
--	-----------

## Men's

Half of Back	<b>13</b>
Full Back & Shoulders	<b>20</b>
Chest or Stomach	<b>13</b>
Chest and Stomach wax	<b>20</b>
Eyebrow tidy	<b>8.50</b>

## Men's wax package

Full Back, Shoulders, Full Chest & Stomach plus brow tidy	<b>43</b>
---	-----------

# Piercing

---

## Ear piercing lobes

**Single** 15  
**Pair** 20

Using a Fully disposable cartridge gun for each piercing you can be guaranteed a safe and sterile treatment.

We have a large selection of jewellery to choose from and price includes jewellery, piercing and aftercare solution.

## Ear piercing Helix (cartilage)

**Single** 17  
**Double** 22

Parent/ guardian presence required for anyone 16 years of age and younger for ears and between 16 to 18 years of age for nose.

## Nose piercing

**25**

Minimum age 6+ for ears and 16+ for nose.

# Tanning

---

For the ultimate streak free, air brushed golden finish it has to be St.Tropez. Performed in a private wet room, disposable underwear is provided or bring along your swimwear. The tan lasts for 5-7 days and is available in many shade options to suit your needs.

<b>Classic Spray Tan</b>	<b>23</b>	Our most popular choice! The golden glow of a week of sun. Leave on for 8- 12 hours to develop before showering off.
<b>Dark Spray Tan</b>	<b>23</b>	Our deepest tan will give you a soft Caribbean glow. Leave on for 8- 12 hours to develop before showering off.
<b>Express Spray Tan</b>	<b>23</b>	Need a tan in hurry or don't like leaving it on for ages to develop - Express can be washed off after just 1, 2 or 3 hours depending how dark you want it. You no longer have to walk around smelling of fake tan; after you have washed it off the tan continues to develop for up to 8 hours.
<b>Luxe Oil Spray Tan</b>	<b>25</b>	Our most luxurious tan yet with essentials oils for a no-self-tan smell. This Brazilian inspired dry oil gives a medium colour, it has added hydration benefits giving a longer lasting tan and a more even fade. Lasts up to 10 days.

## Sun beds

---

Private fast tanning vertical sun beds, 18+ only. We recommend leaving 48 hours between sessions. 1 session a week will maintain an existing tan, 2-3 sessions a week will build a tan. No appointment necessary after initial consultation. We have allocated timescales to each course which are based to give you the optimum chance of achieving your best tan. Course timescales can not be extended: if you fail to use all your minutes within the given time period you will lose them!

### Singles Sessions

---

<b>3 minutes</b>	<b>2.75</b>
<b>6 minutes</b>	<b>4.75</b>
<b>9 minutes</b>	<b>6.75</b>
<b>12 minutes</b>	<b>8.75</b>
<b>15 minutes</b>	<b>10.75</b>

### Courses

---

**base builder course**      **10**

Base builder course is designed for beginners using sunbeds for the first time or very sensitive skins to build up tolerance levels. Taken as 3x 3minute sessions and 1x 6 minute session, Not suitable for regular tanners.  
valid for 2 weeks

<b>30 minute</b> course	<b>20</b>	66p per minute	valid for 1 month
<b>60 minute</b> course	<b>32</b>	53p per minute	valid for 2 months
<b>90 minute</b> course	<b>42</b>	46p per minute	valid for 3 months
<b>120 minute</b> course	<b>52</b>	43p per minute	valid for 4 months

# Make-up

---

With the use of our 100% natural bareMinerals makeup products your guaranteed to leave with a glowing, radiant complexion. We carry the full range of bareMinerals makeup in our salon shop, feel free to pop in try out the testers and have a browse. Or book one of our make up sessions below for some dedicated one on one time with a makeup artist.

## Foundation Fitting

---

**Free**

Get the right foundation for you with this Shade Matching and Consultation session. Our bareMinerals artists will talk you through the different types of foundations, their finishes, wear and their skincare benefits. We'll help you select the right one for you, then we'll shade match you and show you how to achieve the perfect application.

## Tutorial Consultation

---

**10 or free with purchase**

Dedicated one to one time with a bareMinerals artist. We can teach you how to get the perfect complexion, show you a new eye or lip look, how to get perfect brows or maybe you want to learn about contouring and strobing or just try out what's hot right now! – what ever it might we can show you how to achieve it. \*Plus you'll get your £10 back against any bareMinerals purchase.

## Occasion Make-under

---

**35**

You'll be cleansed, moisturised, prepped and primed ready for a flawless base, a radiant complexion, Eyes, Brows, & Lips in any style of your choice. Perfect for special occasions £10 redeemable against bareMinerals purchase.

## The bareMinerals Experience

---

**45**

Your experience begins with a bareMinerals facial including a double cleanse and exfoliation. Then while our Dirty Detox face masque gets to work a shoulder massage followed with steamed towels and finishing creams. Then a trip to our makeup counter for a foundation fitting and occasion make up. £10 redeemable against bareMinerals purchase.

## Bridal Make-under

---

**65**

Put yourself in our expert hands, we'll consider all the things that you might not have thought about, taking the worry out of your big day. Includes a thorough consultation with your make-up artist to discuss exactly what you want to achieve and a trial run make-up application session (approx. 90 mins). Then on the day a full Make-up application in the salon (approx., 60 minutes) *Payment is required 30 days prior to wedding day.*

*Home visits for this service are available on request, a sur-charge of £10 per hour from the time of leaving the salon will be added you bill. We recommend booking a minimum of 4 months in advance for home visits. Please ask us for your personal quote.*



## Hours of Business

Monday	9.30 - 4.00
Tuesday	9.30 - 5.30
Wednesday	9.30 - 5.30
Thursday	10.00 - 7.00
Friday	9.30 - 5.30
Saturday	9.30 - 4.00

Closed Sundays and bank holidays



**01263 511945**

18 Garden Street, Cromer, Norfolk, nr27 9hn

**[www.beauty-boutique.org.uk](http://www.beauty-boutique.org.uk)**