



Lifegate

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Outreach Centre....Imparting Abundant Life

FITGEN-NEXT: LIFEKIDS ENJOY ANOTHER PRODUCTIVE HALF-TERM

February 18 to 20, 2025 witnessed the participation of adolescents in the lifestyle community in the lifestyle initiative for adolescents programme held at Lifegate with exciting sessions in fun physical activities, sports, and food workshops. Adolescents from age 10 to 17 engaged in different forms of exercises and games, including football and dodgeball.

The food workshop, facilitated by the Project Manager,

Elohor Irikefe, and nutritionist, Rokia, included educating adolescents about the difference between overweight and obesity, calculating Body Mass Index (MBI), and the varied types of healthy foods available.

Adolescents were divided into four groups, working together to proffer solutions to problems of overweight. It was quite humbling to see adolescents putting teamwork into practice, working to achieve healthy living.



Adolescents keeping fit and having fun at the same time.

christ, the Head, Builder, and Owner of the Church

We thank God for his Lovingkindness over us as a people since we started the year 2025 which God has inspired us to name our **Covenant Season of Divine Increase**.

Throughout the month of February, God took us through a series themed Divine Associations for Divine Increase. Divine associations refer to those relationships that God orchestrates to enable us enjoy divine increase amongst other things. The first of these is our relationship with Him and as such our first topic in the series was on Walking with God. Every relationship with God enjoys divine inspiration, divine direction, divine protection and loads more. Secondly, we looked at the topic Spousal Unity. In this topic, we learnt of the importance of marriage as God-ordained institution for that is to help people fulfil their purpose on Earth. As couples unite, they position themselves under God to enjoy the dividends of marriage which includes Cooperation, Recreation, Procreation and Consecration amongst many things.

In the third topic, the focus



Prof. David Oloke

was on the Unity of the Saints. This refers to the need for every one member of the body of Christ to unite with others always, to enjoy the empowerment that the Holy Spirit gives to the church, so that they can be effective witnesses for Christ. It is important for every believer to understand that Christ is the head, the owner and the builder of the church and as such, it is a privilege for us to serve him. In the final topic of the series, however, the topic Uniting with Friends and Associates for Divine Increase exposed us to the purposes of God as he helps us associate with true friends and other associates.

Lifegate Hosts LifeTogether 2025

The Lifegate Outreach Centre' hosted LifeTogether 2025, a Valentine's celebration which took place on 15 February. This is one of many annual programmes organised by Lifegate to share the love of Christ, strengthen family cohesiveness, and create more cohesive society through participative community-based engagement.

The LifeTogether funfair, anchored by Bisi Jesukeyede, included sharing stories of first dates, couples' games, and intimacy chat. Pastors Lola and David Oloke, Mr. Wilfred Enogieru, Mrs Shade Martins, and Mr. Jesukeyede shared interesting stories about how they met their spouses and their first dates. Pastor Kefe Noble, the LifeTogether programme coordinator, said the couples' game was not to determine the best couple out of the three random cou-

ples selected, but to enjoy being part of their journey, and boost friendship and strengths.

The couples, including the Fas-holas, Awoyales, and Harunas, were asked to pick any number from 1-20. The question was then read out to them so that each of them could answer using the writing materials handed to them. Tallied answers got points for the couples. As for intimacy chat, members were selected at random to participate in the discussion including Elder Femi Martins, Mrs Founwi Noumi, Mrs Precious Ighavongbe, and Mr Dawang Haruna, answering many questions about marriage.

Lifegate continues to make a difference in the Walsall community by taking God's people seriously, and bringing them together to strengthen social connections, and support for one another.



Mrs. Dorcas and Mr. Dawang Haruna, first runner up in the couples' games collecting their prize.

'Demonstrate Ultra-Christian Lifestyle to Children'

An Exclusive interview with Pastor Lola Oloke by Anuoluwapo Fashola



Mrs. Lola Oloke, MSc. Clinical psychiatry, BSc. Mental Health, Leadership Level 5, Dip. Cert. CBT.

You are not likely to miss her in a crowd, Pastor Lola is gracefully beautiful, a mother, who loves Bible discussions, and an advocate of knowing God personally. She is methodical, functions better with systems, and likes to mitigate actual and potential concerns. She is very active in the work of the ministry, a hand-on-deck person who does both the physical and spiritual works for the success of every programme. Pastor Lola has passion for building children into Godly adults, a pursuit for which she has been consistent in the last 13 years of ministry. LifePublications Team tracked her down for an interview to know what drives her passion.

Q. Good evening Pastor, we have watched your activities and can feel your passion for God and LifeKids over the years but we really would like to meet you. Can you tell us about yourself?

A. I am a pastor in Lifegate and work in collaboration with lead pastor and other unit pastors of Lifegate Outreach Centre. Currently I hold a lead pastoral role for the Lifeladies, LifeKitchen and LifeKids. At this time, I hold the position of Community Psychiatric Nurse (CPN) at the Enhanced Community Mental Health Team Older Adults Walsall (ECMHTOA), Black Country Healthcare NHS Foundation Trust, safeguarding champion for the children and older adult in my service. I have over twenty years of experience working in both inpatient and

community settings with clients aged 18 to 64 and over 65 who suffer from persistent mental health conditions. These include caring for client with diversity sexuality and gender identity. In addition, I have experience collaborating with the client, their significant others, general practitioner, social prescriber, psychiatrist, psychologist, social worker, and occupational therapist to provide care and treatment or as the client's needs and presentations dictate. The job components of my responsibilities and duties includes: care formulation, risk management plan, ongoing care monitoring, care review, community support, care transfers, and advocacy and safeguarding.

Q. What is the overarching vision for Life Kids in 2025?

A. Our vision is stability, you know, for children to be stabilised in the knowledge and understanding of God through our Lord Jesus Christ.

Q. How does this vision align with the broader mission of the church?

A. Perhaps, you would have noticed, the LifeKids children are taught in alignment with adult church monthly themes in simpler ways. However, in the event that such monthly topic is not child-appropriate, a more suitable adaptation is utilised.

Q. Regarding spiritual and personal growth for kids, what are the core biblical teachings LifeKids will focus on in 2025?

A. LifeKids will be taught the importance of love, obediences, faith, trust and walk with the Holy Spirit. This is our focus for 2025.

Q. What role do parents play in supporting the spiritual journey of their children, and how will LifeKids equip them?

A. I will like to encourage parents to support us by impressing the weekly teachings as it relates to the big ideas and memory work.

Q. Now concerning programs and initiatives, are there any programs, events, or initiatives planned for Life Kids in 2025?

A. Thank you, that is an important question. LifeKids will have the options to do presentations such as last Sunday of the month family service; Easter (Alive '25); 12th Lifegate anniversary in August; and Celebrate the King (CoK'25).

Q. What steps are being taken to ensure inclusivity and accessibility for all children?

A. Staff development activity are ongoing, that includes improvement of personalisation activity for the children.

Q. How can volunteers and leaders contribute to making this vision a reality?

A. We will continue to encourage the participation of all. This is a call out to all to come be part of the great work.

Q. How can members of the church community get more involved in supporting LifeKids?

A. Everybody should be involved in different ways, by encouraging the D6 approach, that is, Deut. 6:7; ensuring that ultra-Christian lifestyle is demonstrated for the children to see in all interactions and engagements. More importantly, bringing children to church as and when required. LifeKids follow Deuteronomy 6:6-8, verse 7 says, 'You shall teach them diligently to your children, and shall talk of them when you sit in your house, when you walk by the way, when you lie down, and when you rise up'. The D6 idea encourages the entire

family (4-adults) to study the same theme at the same time.

The CLEAR acronym is our recommended method of delivery. However, a blended approach is also welcome.

Connect

Learn

Explore

Apply, and

Respond.

The strengths of this approach include, 1) Every lesson points directly to Jesus with a clear connection. 2) Strong value is placed on relationships. 3) Guides the child's development from 4yrs through adulthood with a focus on life application for each child.

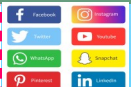
Q. Looking ahead, what impact do you pray Life Kids will have on families and the wider community?

A. Our prayer is that LifeKids will be established in faith and grounded in the love of Christ.

Q. How can the congregation pray and support Life Kids in 2025?

A. Parents and congregation are encouraged to participate in the dedicated prayer for the children and the youth of Lifegate which takes place every Thursday morning of the week. Bring your children each Sunday on time to participate in all the Sunday services from start to finish. See that your child brings Bible, writing materials, and a folder every week. Spend time with your child during the week to discuss what was done in Sunday school. Help them memorise the scriptural texts and elaborate more on the big idea and encourage him/her to complete homework/assignment. As a family, form the habit of reading the Bible and pray regularly. Support your child's Sunday School Teacher and communicate with them to ensure you develop a good relationship and know what your child is learning, their progress, and what can be done further to enhance their learning at home.

All testimonies should be forwarded to testimony@lifegatecentre.org
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