

Hipperholme & Lightcliffe Day Nurseries Ltd Winter/Spring Menu 2023/24

Week 1	Breakfast	Snack	Lunch	Lunch Dessert	Snack	Tea	Tea Dessert
Monday	Hot & cold cereals with chopped fruit	Breadsticks with soft cheese & fruit	Baked fish with cheese & vegetables	Blueberry crumble & custard or yogurt	Buttered cream crackers with cucumber sticks	Home made pizza & salad	Fruit jelly
Tuesday	Toasted crumpets with apple	Grapes with yoghurt	Tomato and vegetable bake with pitta bread	Rice pudding with sultanas	Chocolate pancakes with mandarins	Tomato & basil soup with wholegrain bread & butter	Home made ginger cake
Wednesday	Wholemeal toast with preserves & chopped fruit	Apple with yogurt	Chicken and vegetable pie with sweetcorn	Peaches & custard	Brown bread with soft cheese	Stuffed jacket potatoes & beans	Home made biscuits
Thursday	Hot & cold cereals with fruit	Cucumber sticks with soft cheese	Turkey & vegetable pasta with carrots & peas	Apple flapjack	Pancakes with blueberries	Carrot & coriander soup with wholegrain bread & butter	Home made cherry scones
Friday	Toasted currant teacakes or cereal	Mandarins & yoghurt	Beef stew & mini dumplings	Bananas & custard	Oatcakes with soft cheese and pepper sticks	Ham & cheese wraps with salad	Home made raisin sponge

NB Milk is available at snack & meal times and water throughout the day



Hipperholme & Lightcliffe Day Nurseries Ltd Winter/Spring Menu 2023/24

Week 2	Breakfast	Snack	Lunch	Lunch Dessert	Snack	Tea	Tea Dessert
Monday	Hot & cold cereals with dried fruit	Cucumber sticks with soft cheese	Cheesy pasta with vegetables	Spiced apples & custard	Pancakes	Sausage & tomato pasta	Fruit with yoghurt
Tuesday	Wholemeal toast with preserves & chopped fruit	Mandarins & yoghurt	Chicken & vegetable curry with wild rice	Rhubarb crumble & custard	Buttered cream crackers with cucumber sticks	Selection of sandwiches	Homemade lemon drizzle cake
Wednesday	Toasted crumpets with apple	Breadsticks with soft cheese & fruit	Spaghetti bolognaise with garlic bread	Rice pudding	Pancakes with mandarins	Carrot & sweet potato soup with wholegrain bread & butter	Banana with yogurt
Thursday	Hot & cold cereals with banana	Grapes & yoghurt	Fish pie with broccoli	Apricots & custard	Oatcakes with soft cheese & pepper sticks	Home made pizza & salad	Home made carrot cake
Friday	Wholemeal toast with preserves or cereal	Breadsticks with soft cheese & fruit	Savoury turkey mince with mini Yorkshire puddings	Sultana flapjack	Pancakes with blueberries	Roasted vegetable soup with pitta bread	Home made scones

NB Milk is available at snack & meal times and water throughout the day



Hipperholme & Lightcliffe Day Nurseries Ltd Winter/Spring Menu 2023/24

Week 3	Breakfast	Snack	Lunch	Lunch Dessert	Snack	Tea	Tea Dessert
Monday	Hot & cold cereals with fruit	Grapes with yoghurt	Vegetable casserole & mash potato	Apple & cinnamon crumble & custard	Chocolate pancakes with mandarins	Stuffed jacket potatoes with beans	Home made ginger sponge
Tuesday	Toasted currant teacakes or cereals	Breadsticks with soft cheese & fruit	Fish hotpot with roast vegetables	Peaches & custard	Bananas & yogurt	Mushroom soup with wholegrain bread & butter	Fruit jelly
Wednesday	Wholemeal toast with preserves & chopped fruit	Cucumber sticks with yoghurt	Minced turkey, mashed potatoes & vegetables	Home made marble cake & custard	Pancakes with blueberries	Sausage & vegetable pasta	Fruit & yoghurt
Thursday	Hot & cold cereals with fruit	Mandarins & yoghurt	Chicken stew with mini parsley dumplings	Fruit salad with yogurt	Oatcakes with soft cheese and pepper sticks	Home made root vegetable soup with pitta bread	Home made carrot cake
Friday	Toasted crumpets with apple	Breadsticks with yoghurt & fruit	Minced beef, vegetable & potato pie with vegetables	Rice pudding	Buttered cream crackers with cucumber sticks	Home made pizza & salad	Home made biscuits

NB Milk is available at snack & meal times and water throughout the day

