

# Workstyle in Tactics in training

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I like to work in small groups between 6 to 12 players. The groups receive a detailed individual-tactical and group-tactical Education.

The players can understand the positionings during the attack and defence.

Here is a game construction with right positionings and building of diamonds (pictures 1-3)



Picture 1: The game is built up in the left side. In the ball near side four players has to create Diamants to save the ball and to control the game.



Picture 2: In the ball near area almost we have to have 3 players, better is to have 4 players.





Picture 3

The same principal in the game

(Pictures 3-14)



Picture 4



Picture 5



Picture 6





Picture 7



Picture 8



Picture 9



Picture 10





Picture 11



Picture 12



Picture 13



Picture 14



Defence (yellow team) as group and acting with right positioning (Pictures 15-19)



Picture 15



Picture 16



Picture 17

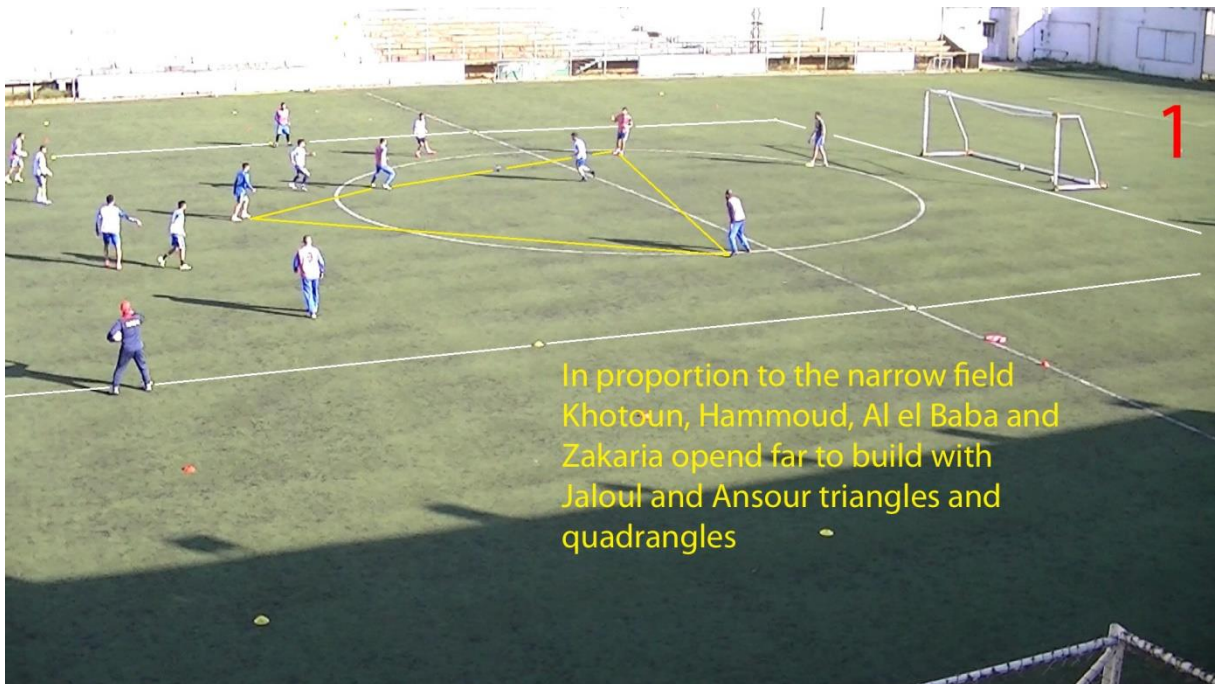


Picture 18





Picture 19



Picture 20: In this part of the exercise the wide of the field is reduced and the players (red team) must use the maximum wide of the field to stretch the opponent team to combine easier through the middle.



Picture 21



Picture 22: The red midfield player has received the ball and at the same time three players have to move to the right positions, so that the construction can be continued fast.





Picture 23



Picture 24: Red team: Narrow the room to get the ball. Than open wide and deep.



Picture 25: The field length is divided into five wide rectangles. The game construction should take place in at least three rectangles to guarantee the compactness of the team. The ball has been played in the first rectangle. Now the defensive line must move up fast from the red rectangle in the next yellow rectangle.



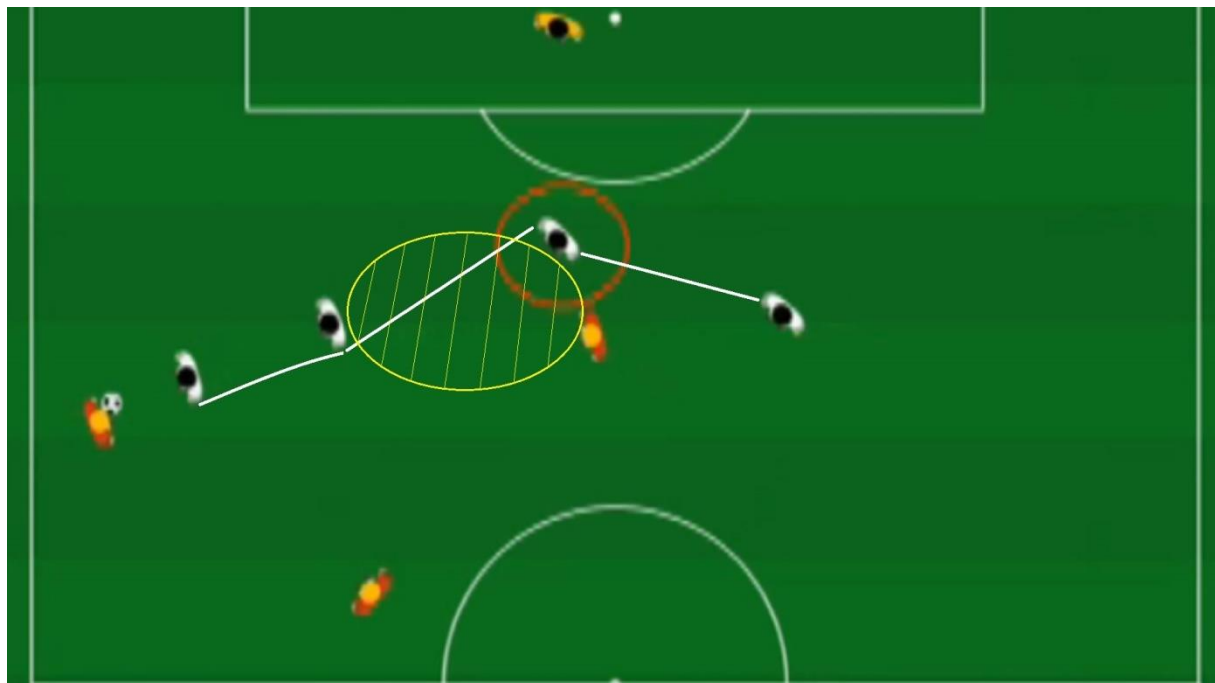
Picture 26: Side changing in a narrowed space. Therefore, the right wing has held the game wide.



With moved animations every player gets about 400 (400) tactical tips in the defence and during the attack to have a very good detailed Education



Picture 27: Mistake in the defence organisation



Picture 28: Mistake in the defence organisation



Picture 29: Organisation of my team (blue team). Ball is in the middle and my defence line is organised as a “line”



Picture 30: Organisation of the opponent (green team)





Picture 31: My team is in attack. My offense midfielder dribbles in the defens area of the opponent.

In this moment my central defender has to come up to build a 3-men-defence to keep compactness in the team. My second Central Defender got the order to 5-8 meter forward behind my midfield.



Picture 32: The green team was in game building. My team steered the opponent to our right side and built a narrowed space. After we “caught” the ball we have to open and to stretch the opponent to combine through the shortest way to the goal.



Picture 33: My right wing moved in the direction of the center. His opponent followed him and opened the wing area for my right back.



Picture 34: We stopped the opponents attack on our right side. My midfielder can play the ball to my right wing and if he received the ball the opponent will have the majority. Solution is to change the side fast to our left side.

With this education methods I have succeeded in my last trainer's station with the Hearts Of Oak in Ghana. My team was on the 15. Place and we finished the season on the 4. Place (go to page 10 in the CV).

Coach Can Vanli

*Signed as Can Vanli*

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