



Berkshire Junior Badminton Association Welcome Pack

Pathway & Performance Centre



www.berkshirejuniorbadminton.co.uk



Berkshire Junior Badminton Association

Pathway and Performance Centre

Contents

1. <i>Introduction & Structure</i>	Pages 3-5
2. <i>Our Squads</i>	Pages 6-10
a. Pathway	
i. Gold	
ii. Silver	
iii. Bronze	
iv. Raw Potential	
v. Raw Start	
b. What is a Performance Centre?	
i. Emerging	
ii. Developing	
iii. Raw Performance	
c. Player Progression	
d. County Selection	
3. <i>Our Mission</i>	Pages 11 -17
a. Your Committee	
b. Your Coaches	
4. <i>Appendix</i>	Pages 18 - 31
a. BJBA&PC Constitution	
b. Policy & Welfare Links	
c. Progression Criteria	
d. Player Profile information	
e. BE Grading	
f. Tournaments - Local and Ranking	

Berkshire Junior Badminton Association

Pathway and Performance Centre

1. Introduction & Structure

Dear Parent & Player

In this Welcome Pack you will find information to give you an understanding of how our organisation works, our squads, player requirements and commitments, along with details of our committee and coaches

The Berkshire Junior Badminton Association and Performance Centre are a joint organisation divided into three sections the BJBA, Pathway and Performance Centre.

1. The Berkshire Junior Badminton Association (B.J.B.A.)

The BJBA is the overseeing body for junior badminton within Berkshire. Our primary goal is to promote the sport at junior level and offer assistance and support to anyone that requires help or information related to junior Badminton in Berkshire. e.g. Junior Clubs, Sports Centres, Schools, Local Government etc.

We run a **Club Pathway & Performance Centre** alongside each other, complementing each other and assuring that all players of any age and ability are catered for. We provide coaching sessions, competitive match play, development sessions and non-competitive match play sessions for all standards.

We also select the **Berkshire County Junior Teams** predominately from our squads, but any player born, living or attending school in Berkshire is eligible to represent their County.

In summary:

BJBA is responsible for :

Club Pathway Players
County Junior Teams

BJBA is jointly responsible with Badminton England for:

Performance Centre
Performance Centre Players

BJBA supports :

Schools
Local Government
Junior Clubs
Colleges and Universities
Etc..

Berkshire Junior Badminton Association

Pathway and Performance Centre

a. Entry

Following an enquiry from a parent, a player having been spotted at a tournament or a club **or school** or recommended by a coach, a rough assessment is made and a squad selected. This may be done at a trial day or in a squad session. The player will then attend a free trial or two before a final squad is selected.

3. Our Squads

We currently have 13 squads within the BJBA Pathway and Performance Centre. The training sessions run during the week and at weekends. We have 7 squads at Crosfields, 4 squads at Academy Sport LC and 2 squads in Sandhurst.

The squads are broken up into two sections PERFORMANCE and CLUB PATHWAY.

a. Club Pathway

This section makes up the majority of the players under the BJBA. Approximately 75% of our players are with the system. The age range is from 6 to 19. The squads offer opportunities to all players regardless of standard or ability although the squads are streamed. From within these squads we aim to offer Badminton as a sport to be enjoyed, as well as developing players to move into our Performance Centre, Local League clubs and Senior County.

Squad details can be found later in this document.

b. Performance Centre

This is aimed toward, and focuses on, finding and developing talented players that show signs of performing at the highest level. Players need to be committed to succeed. The Performance Centre and its players are monitored by Badminton England.

Further details about the Performance Centre and our squads can be found later in this document.

On the following page is a structure chart that outlines a player progression from beginner to becoming a National player. As you will see there are many ways this can be achieved.

We recognise that most players will aim to enter the Performance Centre but players and parents should understand this is difficult to achieve. However, it is important to note that players can enter the Performance Centre and leave and re-enter it at a number of stages throughout their junior playing career.

Berkshire Junior Badminton Association

Pathway and Performance Centre

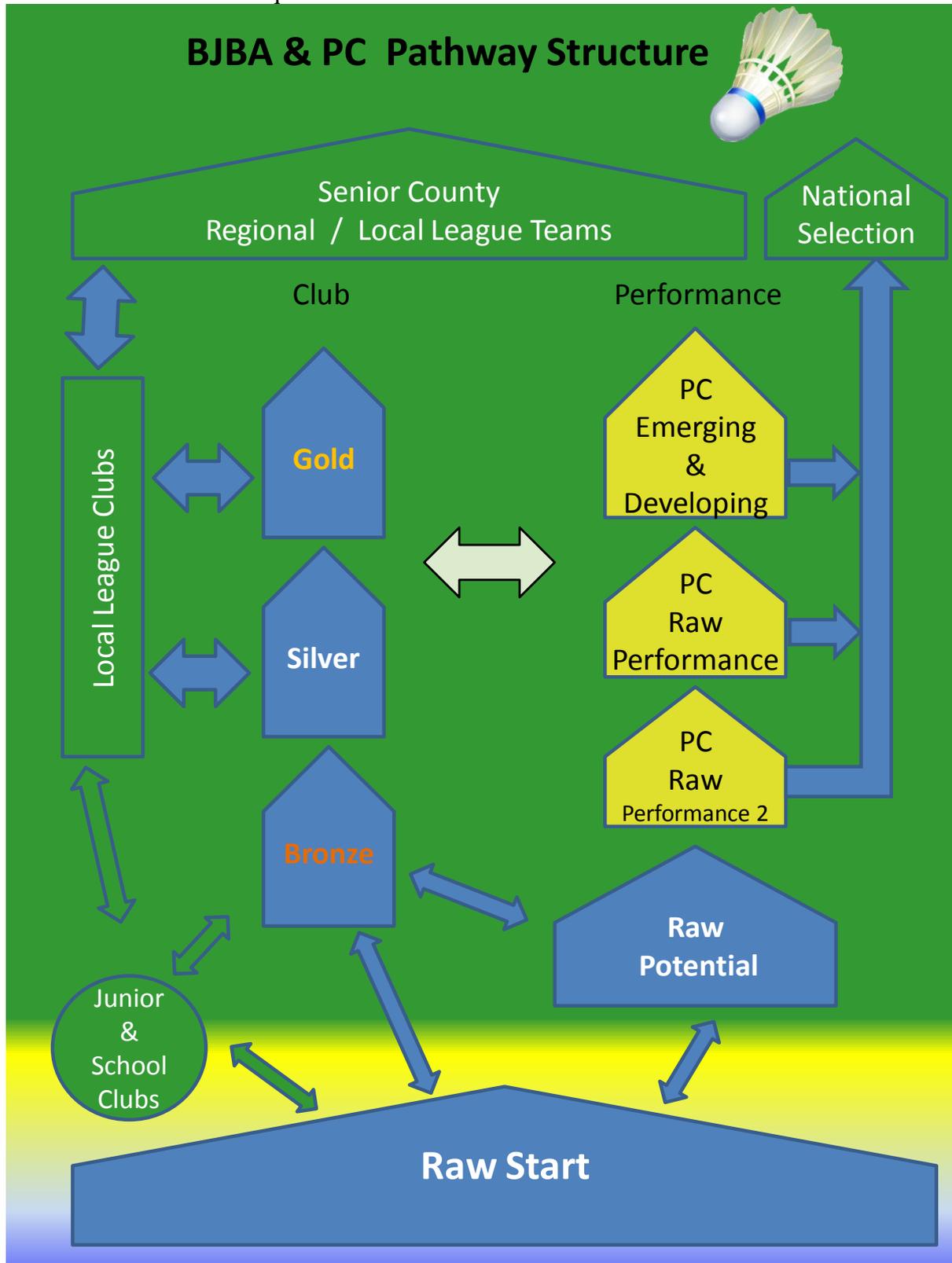
BLUE

Represents the **CLUB PATHWAY** where the majority of our players (approx 100)

YELLOW

Represents the **PERFORMANCE** Centre which consists of approximately 35 players

Details of the individual squads can be found later in this Welcome Pack



Berkshire Junior Badminton Association

Pathway and Performance Centre

2. Our Squads

a. Our Club Pathway Squads

Our Pathway Squad Aims :

1. To work with and help players develop their full potential.
2. To encourage players to enjoy the sport and develop new skills.
3. To provide the opportunity to move through the squads
4. To encourage and maintain an increased level of commitment from the player and supportive parents.
5. To ensure regular performance feedback to parents and players.

i. Gold Squad

This squad has players playing Badminton at a good to high skill level. Generally 14 to 19 in age, this squad is for players that cannot or do not wish to commit to the Performance Centre, or players who have started playing badminton at a later date and are late developers. Movement to the Performance Centre is possible. Players at this level should be looking to join local senior league clubs, other junior badminton clubs, and BE tournaments. The older players could aim to attend Senior County training. The training is only once a week.

ii. Silver Squad

Generally the skill level is more variable with ages ranging from 14-17 (up to under 18). Older players in this squad would be expecting to move to Gold and should be looking to join local senior league clubs, the younger ones may still have the potential to move into the Performance Centre and should be looking to play at other junior clubs as well as entering BE tournaments. The training is only once a week.

iii. Bronze Squad

Generally the skill level is more variable with ages ranging from 11-15 (up to under 17). Older players in this squad would be expecting to move to Silver and should be looking to join senior clubs, the younger ones may still have the potential to move into the Performance Centre and should be looking to play at other junior clubs as well as entering BE tournaments. The training is only once a week.

Berkshire Junior Badminton Association

Pathway and Performance Centre

iv. Raw Potential

*This is a squad of generally younger of players (u13) that may possess the potential to enter the Performance Centre. The coaching staff will be looking for the qualities required to progress and they are regularly assessed to a skills criteria (see **Appendix**) We would also expect the keener players to be playing a few BE tournaments. We will expect some of these players to move into the Performance Centre (Entrance by selection only, based on the Performance Centre entrance criteria).*

For others progression to one of our Bronze squads where they would have further opportunities to continue enjoying and improving their badminton.

v. Raw Start

*This is our entry level squad where coaches will work with the players. A younger group upto 11, these players are looking to improve and learn the basic techniques, new racket techniques, movement to progress into Raw Potential or Bronze. The coaching staff will be looking for the qualities required to progress and they are regularly assessed to a skills criteria (see **Appendix**).*

Berkshire Junior Badminton Association

Pathway and Performance Centre

b. What is a Performance Centre?

Performance Centres are accountable to Badminton England where players, coaches and volunteers can progress, reach their potential, and satisfy their own ambition within the sport.

Performance Centres aim to provide a platform to increase competitive opportunities and raise standards for all ultimately **creating world class players**.

Badminton England Performance Centres are integral to achieving their aim of improving the standard of players nationally so more pressure is exerted on the top elite band. This is achieved by setting new standards in their operations, with particular emphasis on:

1. Identifying the right raw talent.
2. Implementing the right player development to support the player.
3. Involving the right coaches who:
 - a. Set the highest standards of professionalism
 - b. Are committed to all aspects of the coaching process (plan, do, review and evaluate)
 - c. Support players as they move along the Performance Pathway
 - d. Commit to Continuous Professional Development
 - e. Contribute positively to a mentoring system
4. Availability and access to the right level of competition

PC Structure

A Performance Centre is made up of three progressive levels of development:

1. Raw Performance
2. Developing
3. Emerging

Our Performance Squad Aims :-

1. To work with and help the player develop into our Junior and Senior County players and ultimately National players.
2. To encourage the player to reach beyond our scope and enter National Training programmes and our Senior County teams.
3. To regularly monitor the players progress, by setting goals, personal development plans, and appraisals.
4. To encourage and maintain an increased level of commitment from the player and supportive parents.
5. To offer advice on all areas of training for performance players including areas such as nutrition, strength and conditioning, and mental preparation.
6. To offer some coaching support at tournaments.
7. To ensure regular feedback on all Performance Centre players via submission of player profiles to Badminton England.

Berkshire Junior Badminton Association

Pathway and Performance Centre

Our Performance Centre Squads

i. Emerging Squad

*This is our highest level squad made up of highly performing players **All players who enter tournaments will have a ranking A-I**. Training is intense and twice a week plus a match play night. We expect our players to play a minimum of 8 National level tournaments annually. Tournament details are displayed on our notice board at the start of the season and can be found on **the Badminton England** website.*

We also expect players to train an additional minimum 8 hours (on or off court).

*For further details we advise parents and players to read the **Performance Centre Handbook** which can be found on our website or on Badminton England's and the **Player Profile** information which is contained within the **Appendix** and talk to our Head Coach.*

ii. Developing Squad

*These players are showing the attributes to become Emerging players. Training is intense and twice a week plus a match play night. We expect our players to play a minimum of **8** National level tournaments annually. Tournament details are displayed on our notice board at the start of the season and can be found on you website. We also expect players to train an additional minimum **(8)** hours (on or off court).*

*For further details we advise parents and players to read the **Performance Centre Handbook** which can be found on our website or on Badminton England's and the **Player Profile** information which is contained within the **Appendix** and talk to our Head Coach.*

iii. Raw Performance 1 & 2

*These are the first Performance centre squads and are made up of players that show signs and demonstrate the right qualities and abilities to continue along the Performance Centre Path. Training is twice a week plus a match play night. We expect our players to play a minimum of **(6)** National Ranking and **(2)** local tournaments a season. Tournament details are displayed on our notice board at the start of the season and can be found on you website. We also expect player to train an additional minimum 4 hours (on or off court).*

*For further details we advise parents and players to read the **Performance Centre Handbook** which can be found on our website or on Badminton England's and the **Player Profile** information which is contained within the **Appendix** and talk to our Head Coach.*

Berkshire Junior Badminton Association

Pathway and Performance Centre

c. Player Progression

The Head Coach and coaches talk regularly about players and appraise the level of every player. Players may move up, down, from Pathway to Performance Centre or visa-versa. Usually changes will be made before the new term sessions begin and are discussed with both player and parents where we feel it is appropriate. Some players can remain in the same squad for a season or more before moving to another squad.

Please ask about your son or daughter if you require clarification on their performance in their respective squad.

We have basis skills criteria for our younger players outside of the Performance Centre but player progression is an emotive subject and the coaches make decisions based on what they see in training, how they measure up on the skills criteria, how players perform in tournaments (especially BE ones) and matches against their peers. Not all decisions will please everyone as the process will always have an element of subjectivity, but we do attempt to do the best for the Performance Centre, the Club Pathway and the player.

d. County Selection

*Any player Born, Living or Attending School in the County is **eligible** for County selection, **not** just those that train within the Performance Centre and Club Pathway squads.*

We enter teams at U12 U14, U16 and U18 in the Shires League where we play against other Counties throughout the South of England.

We also try to arrange a number of local friendly County matches at these age groups and U11. There is no Shires U11 league.

Berkshire Junior Badminton Association

Pathway and Performance Centre

3. Our Mission

To develop all our players to help them realise their potential.

To provide a professionally run association with quality coaching and supported by a hard working team of committed elected committee volunteers, both in official roles on the committee and in other supporting functions.

a. Our Committee:

Chairman	Peter Holt
Match/fixtures Sec	Sally Weston
PC Co-ordinator	Chris Tompkins (Coach)
Treasurer	Haoran Zhang
Secretary	Sara Hudson
General Committee2	Sara Sheridan
General Committee3	
General Committee4	Chris Tonks (Head Coach)
BCBA Representative	Scott Ellis (Coach)

Additional Supporting Roles

Welfare Officer	Sally Weston
Tournaments Organiser	Mark Elliott
Snadhurst Admin	Andrew Wilson
Shuttles	Scott Ellis
PR Advisor	Vacant
Event Organiser	Vacant
Website	Sara Hudson / Peter Holt

We are always looking to recruit more parents and coaches into the support roles. If you have time free and would like to be actively involved please contact us.

Please visit our Website at :-

www.berkshirejuniorbadminton.co.uk

or contact

pcmanager@berkshirejuniorbadminton.co.uk

Berkshire Junior Badminton Association

Pathway and Performance Centre

Chairman :- Peter Holt

In my role as Chairman I aim to ensure the management of the BJBA & Performance Centre supports the excellent coaching team, so they can successfully develop our players.

I am keen to improve communications with our players, parents and Badminton England so together we can build Berkshire badminton teams for all age groups which are both enjoyable and successful.

PC – Coordinator :- Chris Tompkins

I am a level 2 coach and have worked within the County setup for many years. I have two daughters in the squads.

I was Secretary of the Berkshire Badminton Coaches Association for 8 years. I run my own Junior Club. I am keen to involve parents and players in all important decisions the BJBA and Performance Centre make and to work for your benefit. I will actively encourage communication between parents and the committee and try to build a sense of “club” and belonging. I want to see Berkshire continue to improve as a Badminton County and will do my best to achieve this.

Treasurer :- Haoran Zhang

Fixtures/Matches & Secretary :- Sally Weston

I am the Fixtures/Matches Secretary for the BJBA and I have children in the squads. My key responsibilities as Fixtures Secretary involve setting all the dates for the junior county matches and booking all the venues ... which can be a lot more complicated than it sounds once you take into account all the different counties, age groups and avoiding BE tournament dates!

The personal skill I am hoping to bring to the committee is my understanding of sport in general and badminton in particular. I used to run a junior badminton club, I have played County badminton and I am a sport scientist with a PhD in sport psychology.

I also have the not particularly useful ability of being able to squeeze more words into a minute than many other people you will meet :-D .

General Committee Member :- Sarah Sheridan

General Committee Member :-

General Committee Member :- Sara Hudson

I joined the Committee 2 years ago to fill a parental role and to support junior badminton 'behind the scenes'. I have 2 sons who started playing badminton at primary school age and have progressed through the junior ranks to the Performance squads.

Berkshire Junior Badminton Association

Pathway and Performance Centre

Our Commitment To You :-

1. To help your son or daughter to achieve their maximum potential, whether this is through the Club Pathway or the Performance Centre routes.
2. To provide a safe and enjoyable environment to enable your son or daughter to thrive.
3. To actively encourage communication and encourage you to ask questions as players and parents.
4. To provide quality coaching at all levels to help your child develop.
5. To actively encourage a supportive team atmosphere and competitive play at local, regional, and national tournaments.
6. To provide clear leadership and provide information on the development of your son or daughter either formally in the Performance Centre via player appraisal, or informally if in the Club Pathway.

Your Commitment To Us :-

Player

- a. Please always arrive in good time (5-10 mins before).
- b. Approach each and every session in a positive frame of mind.
- c. Please turn up ready to play with the correct equipment.
 - a. Shorts/skirt and polo or T-shirt type top for playing. (Training tops are compulsory)
 - b. A pair of trainers reserved for indoor use only (no outdoor shoes inside the hall)
 - c. A track suit for wearing to and from training and for the initial warm up.
- d. Bad behaviour, if not corrected, will result in the player being asked to leave.

Parents

1. To support your child in their desire to play badminton
2. To ensure they are “prepared” to play
3. To help your son/daughter commit to the requirements of the Performance Centre
4. To actively seek and participate in discussion with the BJBA&PC
5. To pay the termly coaching fee promptly and in full

Berkshire Junior Badminton Association

Pathway and Performance Centre

b. Your Coaches

We have a committed and dedicated coaching team who always aim to provide quality coaching across the length and breadth of our Squads

Head Coach – Chris Tonks

I was a full time Lottery funded athlete training at the National Badminton Centre, Milton Keynes with some of the most renowned badminton coaches in the World. Having played for my county from the age of 12 I went on to represent England at both junior and senior levels from 2000. This led to the following achievements and experiences:

- Selected for the European Junior Championships.
- Highest World ranking of 39 and national ranking of 2nd.

As an ex-international badminton player and now a full-time coach I have to be focused, motivated and determined in order to achieve my goals. As both a player and coach I have to work effectively as an individual and as part of a team bringing enthusiasm and dedication to any given task or challenge.

I am a fully qualified level **3** badminton coach and a member of Badminton England's coaching register.

Level 3 Coach Mervin Gibbs

Badminton Coach 1983 to present

Coached back to back England no 1 Rajiv Ouseph and Amir Gaffer, and countless Middlesex Juniors since 1987.

Performance Head Coach for "DOME" PC (September 2009 until Aug 2013)

Playing Career

Winner of All England Seniors Men's Doubles 2003 and 2004

Represented England Seniors from 2001 TO 2008

European bronze medallist Men's Doubles 2004

Represented England in the All England Open Championships 6 times (1985-1991)

Best Achievement was unfortunately losing to the World Champions (Park Jo Bong and Chung Mungh Kee) 18-15 in the 3rd set of the 3 round of the All-England Championships in 1988.

Level 2 Coach Chris Hudson

I've been coaching since I was 18 as a qualified Level 2 coach and work a lot with schools in the area. I'm also still training in the Performance Centre top squad. I still participate in Senior ranking tournaments and have won medals a numerous BE tournaments as a junior.

Berkshire Junior Badminton Association

Pathway and Performance Centre

Level 2 Coach Chris Tompkins

I began playing Badminton at the age of 14 having been a top local Table Tennis player. I have won local Doubles Tournaments and many divisional titles in the Reading, Bracknell and Newbury leagues.

I also played County over 40s on a number of occasions but injury put an end to serious play.

I have been a coach since 2000 and have coached for the County since gaining my coaching badge, initially working with U17 backup players. For the four years I worked under Ricardo Fernandes I learnt a huge amount about the sport, coaching Raw Performance and below. I also run my own junior club “Kennet Junior Badminton Club” in Thatcham since 2007

I have been fortunate to attend coaches coaching sessions led by a number of top national and international coaches such as Lee Jae Bok, Steve Butler, and Bob Reed to name a few and I have also mentored players working towards their own coaching badges.

I have coached from Beginner to Advanced juniors and Beginner to local league Division 1 adults.

My coaching preference is Level Doubles.

Level 2 Coach Niki Ramkrishna (Sandhurst)

I have been coaching since 1995 and am a level 2 coach. I work full-time as a coach starting from primary schools, secondary schools (GCSE students), College students, county squads and adults.

Niki run the satellite squads in Sandhurst.

Level 2 Coach Samara Farrow

I was a Pathway Gold squad player and have been coaching since 2012, working primarily with the younger players on Saturdays. I hope to continue to improve my coaching ability and learn more. I hope to work with more advanced players in the future.

Level 2 Coach Scott Ellis

I started playing badminton when I was around 10 years old. I was put forward to the county under 12 trials and progressed into the main squad the following year and since then I have never looked back still playing county badminton to this day.

I have collected 170 first team caps for Berkshire and over 185 caps in total. I have won 12 singles, 15 doubles and 7 mixed Berkshire Restricted titles. In my teens (coached in the main by Bob Reed) and during my 20's I was lucky enough to play the circuit all over the UK winning a number of tournaments. They were good times, I trained hard and played hard. I was lucky to play a fair bit in Europe too and have made a lot of close friends in badminton

. I have always wanted to coach so try and give something back, pass something on about a sport that has been very good to me these past 30 years.

Whilst providing quality coaching our coaches will aim to maintain a safe, encouraging, friendly and enjoyable, but professional environment.

Berkshire Junior Badminton Association

Pathway and Performance Centre

4. Appendix

Constitution	Page 18
Club Polices	Page 22
Player Progression Criteria	Page 23
Performance Centre Player Profiling	Page 26
BE Grading Structure	Page 31

Berkshire Junior Badminton Association

Pathway and Performance Centre

CONSTITUTION

1. NAME

BJBA Performance Centre and Pathway

2. AIMS AND OBJECTIVES

The aims and objectives of the club will be:

- ✋ To offer coaching and competitive opportunities in badminton.
- ✋ To promote the club within the local community.
- ✋ To provide the use of a sports hall facility.
- ✋ To provide duty of care and protection to all club members.
- ✋ To make sure all club members are treated equally and fairly

3. MEMBERSHIP

Membership shall be open to anyone interested in badminton on application regardless of sex, age, disability, ethnicity, nationality, sexual orientation, religion or other beliefs.

We are subsidiary club of The Berkshire Junior Badminton Association, and as such will be subject to the regulations of the constitution and deemed to accept these regulations and codes of practice that the club has adopted.

The club may have different classes of membership and subscription on a non discriminatory and fair basis. The club will have an equitable pricing policy and will keep subscriptions at a price that will not pose a significant obstacle to people participating.

Members will be enrolled in one of the following categories:

- ✋ Junior member.

All members will be subject to the regulations of the constitution and by joining the club will be deemed to accept these Regulations and Codes of Practice that the club has adopted.

4. MEMBERSHIP FEES

Membership fees will be set annually and agreed by the Executive/Management Committee at the Annual General Meeting.

Fees will be paid each term.

Berkshire Junior Badminton Association

Pathway and Performance Centre

5. OFFICERS OF THE CLUB

The officers of the club will be the same officers as the BJBA of which “BJBA club” is a subsidiary Club.

- 👉 Chairperson
- 👉 Secretary
- 👉 P C Manager
- 👉 Treasurer
- 👉 Head Coach
- 👉 3 other committee members
- 👉 Additional there will be non committee roles of a Welfare Officer and a PR officer and Kit and Shuttles controller

Officers will be elected annually at the Annual General Meeting of the BJBA.

All officers will retire each year but will be eligible for re-appointment. It is recommended that officers only complete 5 consecutive terms of office ¹

6. COMMITTEE

The club will be managed through the Management Committee consisting of:

- 👉 The 8 committee members of the Smashers club who will be the same committee as that of the BJBA (Berkshire Junior Badminton Association) and only these posts will have the right to vote at meetings of the Management Committee.
- 👉 The Management Committee will be convened by the Secretary of the club and held no less than 6 times per year.
- 👉 The quorum required for business to be agreed at Management Committee meetings will be 5 should be at least 50% of the group].
- 👉 The Management Committee will be responsible for adopting new policy, codes of practice and rules that affect the organisation of the club.
- 👉 The Management Committee will have powers to appoint sub-committees and working groups as necessary and appoint advisers to the Management Committee as required to fulfil its business.
- 👉 The Management Committee will be responsible for disciplinary hearings of members who infringe the club rules/regulations/constitution. The Management Committee will be responsible for taking any action of suspension or discipline following such hearings which will be conducted in accordance with the BADMINTON England Disciplinary Regulations.

Berkshire Junior Badminton Association

Pathway and Performance Centre

7. CLUB POLICIES

The club adopts the following policies and Codes of Conduct (Appendix 1):

- ✋ BADMINTON England Equality Policy.
- ✋ BADMINTON England Safeguarding & Protecting Young People policy.
- ✋ BADMINTON England Codes of conduct for players, coaches, volunteers, officials and parents.
- ✋ Set of rules for children and young people.

8. FINANCE

All club monies will be banked in an account held in the name of the **BJBA**

The Club Committee will be responsible for the finances of the club which will be managed by the Treasurer.

The financial year of the club will end on March 31st

9. ANNUAL GENERAL & OTHER MEETINGS

Notice of Annual General Meetings will be given by the Club Secretary. Not less than 21 clear days notice to be given to all members. The notice of AGM will be communicated via the club website and a direct communication (letter or email) to all voting members.

The AGM will receive a report from officers of the Management Committee and a statement of the annual accounts.

Nominations for officers of the Management Committee will be sent to the Secretary prior to the AGM.

Elections of officers are to take place at the AGM.

All members have the right to vote at the AGM.

The quorum for AGMs will be those who attend ideally 25% of the membership.

The Management Committee has the right to call Extraordinary General Meetings (EGMs) outside the AGM. Procedures for EGMs will be the same as for the AGM.

Members of the Club also have the right to call an Extraordinary General Meeting, which must be called for by at least 50% of the membership and communicated with 21 days notice.

Berkshire Junior Badminton Association

Pathway and Performance Centre

10. SAFEGUARDING YOUNG PEOPLE

All concerns, allegations or reports of poor practice/abuse relating to the welfare of children and young people will be recorded and responded to swiftly and appropriately in accordance with the club's child protection policy and procedures.

The Club Welfare Officer is the lead contact for all members in the event of any child protection concerns.

11. DISCIPLINARY & APPEALS

All complaints regarding the behaviour of members should be presented and submitted in writing to the Secretary.

The Management Committee will meet to hear complaints within 30 days of a complaint being lodged. The committee has the power to take appropriate disciplinary action including the termination of membership.

The outcome of a disciplinary hearing should be notified in writing to the person who lodged the complaint and the member against whom the complaint was made within 14 days of the hearing.

There will be the right of appeal to the Management Committee following disciplinary action being announced. The committee should consider the appeal within 30 days of the Secretary receiving the appeal.

The club will work to best practice in dealing with disciplinary issues as laid down in the BADMINTON England Disciplinary Regulations.

12. DISSOLUTION

A resolution to dissolve the club can only be passed at an AGM or EGM through a majority vote of the membership.

In the event of dissolution, any assets of the club that remain will become the property of BADMINTON England or some other badminton club with similar objectives to those of the club.

13. AMENDMENTS TO THE CONSTITUTION

The constitution will only be changed through agreement by majority vote at an AGM or EGM.

14. DECLARATION

We hereby adopts and accept this constitution as a current operating guide regulating the actions of members.

Berkshire Junior Badminton Association

Pathway and Performance Centre

For details related to our policy on :

Code of Conduct for Junior players

Equality Statement

Disability Pledge

Club Officials Code of Conduct

Complaints Procedure

Child Protection Policy

Visit us via this link:-

www.berkshirejuniorbadminton.co.uk/club-policies

To contact our Welfare Officer please use this link:-

www.berkshirejuniorbadminton.co.uk/welfare

or

welfare@berkshirejuniorbadminton.co.uk

Berkshire Junior Badminton Association

Pathway and Performance Centre

Progression Criteria

Raw Start skills criteria

	Weak	—————▶			Strong
SCORE	1	2	3	4	5
Looking for players to:					
Know what is in/out					
Enjoy competitive challenges					
Possess keenness to win qualities					
Can hold a rally					
Listens to coaches & tries what is told					
Be well behaved					
Own the correct equipment					
Have the ability to move in all directions					
know basic Grips and can show them					
Signs of Split step or know what it is					
Racket leg Lunges in play					

Berkshire Junior Badminton Association

Pathway and Performance Centre

Raw Potential skills criteria

	Weak	—————→			Strong
SCORE	1	2	3	4	5
Looking for players to have the previous PLUS:					
Understand basic grips					
Lunging on the correct leg					
Scoring					
Basic Rules					
Overhead upward and downward shots					
SPLIT STEP					
Basic single movement patterns					
Can hit left and right					
Can hit hard and soft					
Focussed in activities					
Good posture and balance					
Ability to accelerate and stop quickly					
Consistent high serve to a certain quality					

Berkshire Junior Badminton Association

Pathway and Performance Centre

Raw Performance 2 Skills Criteria

Raw Performance 2 - Raw Performance					
	Weak	—————→			Strong
SCORE	1	2	3	4	5
Looking for players to have the previous PLUS:					
Start to realise partner awareness and doubles formations/movement					
Ability to link in movements with each other					
Can hit single all shots i.e. clear, smash, net shot etc but cross courts too					
Starting to understand some of the more complex shots i.e. slice					
More detailed goal setting, strengths and weaknesses for self					
Ability to recognise opponent's strengths & weaknesses					
Starting to think about and implement basic tactics to games					
Committed to tournament requirements					
Committed to on and off court requirements					
Note: Once players are a member of Raw performance they fall under our 'performance' pathway and will therefore have full player reviews that will be recorded and sent to Badminton England					

Berkshire Junior Badminton Association

Pathway and Performance Centre

Player Profiling Notes

Performance Centre ONLY

Purpose: The Player Profiling document can give players, squads, coaches and parents a sense of direction and purpose, highlighting the necessary next steps and celebrating all the little victories on the journey to becoming a performance badminton player. The Player Profiling document provides a mechanism to monitor a player's progress. It outlines the behaviours and skills that need to be learned to achieve a progressive performance level and provides players with evidence-based scores that are vital for identifying future training needs and personal development goals. It can be used to support decisions for squad selections, promotions or removals and also to identify overall squad trends and needs. Coaches can use the Player Profile scores to reflect on squad trends and evaluate the quality of their coaching programme and even their own coaching effectiveness.

Use: A Player Profile should only be updated when both the player and the relevant squad coach have agreed that the player has learned the necessary skill or behaviour. Players should then take ownership of their copy and share it with parents and other coaches. The squad coach should keep a copy together with all Player Profiles from that Squad and share them with the Head Coach when necessary. It is the Head Coach's responsibility to ensure the Player Profiles are updated as appropriate, kept together and tracked over time. The Head Coach must also submit a full set of Player Profiles to Badminton England at the end of each season.

Entry: Entry should be offered to players who have displayed valuable performance characteristics as well as an appropriate playing ability. Coaches can use the "WHAT ability" area on the Player Profile to assess players. We aim for at least the minimum standard for entry into the Raw Performance Squad. As a guide a player should score a minimum of 14 points out of 20 with a minimum of 3 in each category. This score can be adjusted higher by the Head Coaches if necessary to raise the standard. Once the selected player completes their trial in the Raw Squad they should be given a year to achieve the next minimum level.

Progression: Players must show a commitment to improving their skill scores in all sections of the Player Profile in order to stay in the Performance Centre. The Head Coach and their team should use their knowledge and awareness of the whole pathway to make review/movement decisions. These decisions can then be defended using the Player Profile and players who are nearly ready to move up can be provided focus areas, and particular skill scores to achieve.

Berkshire Junior Badminton Association

Pathway and Performance Centre

Minimum standards: The Player Profiling document shows the minimum guideline a player should score to remain on or progress forwards and below is a simple chart to indicate the scores that players should be looking to achieve, these may change in the future as the National average progresses as each PC raises their standard.

	Technical Hitting	Technical Moving	Trainability	Performance Characteristics	Strategy & Tactics	Lifestyle	Totals
Raw	26	12	6	3	5	4	56
Developing	84	34	12	6	10	13	159
Emerging	145	59	17	11	15	20	267
Maximum	207	78	25	15	25	25	375

	Suggested group sizes	Suggested hours per week	Suggested number of weeks per year	Number of years a player should remain in a group before progression or removal		Total minimum hours per year
Raw	32	4	38	Min 1	Max 3	152
Developing	18	4	40	Min 1	Max 3	160
Emerging	10	4	42	Min 1	Max 3	168

Player profile abbreviations:

R (Raw), D (Developing), E (Emerging), BH (Backhand), OC (On Court), Gd (Good), RS (Racket side), Rec (Recovery), FH (Forehand)

Berkshire Junior Badminton Association

Pathway and Performance Centre

Part B	Trainability (Score by leaving blank or inserting a 1)						R	D	E				
Motivation	80 to 100% attendance	Work hard in every session	Organises own on court training	Does off court training	Goes above and beyond	0	2	3	4				
Communication	Listens attentively to coach	Acts on advice given	Communicates effectively	Asks appropriate questions & express's relevant views	Discusses with other players & coaches	0	2	3	4				
Focus and Perseverance	Focused when coach is near	Focused when coach is far	Resilient to distractions	Consistency of focus for whole session	Encourage focus in others	0	1	2	3				
Quality, Purpose and Intensity of Practice	Understand what is quality	Discipline on trying to meet the task purpose & right	Try's to maintain quality & intensity, even if fatigued	Knows when practice / task is no-longer purposeful	Strives for higher quality and intensity	0	0	2	3				
Feeding ability	By hand	Single racket feed	Multi racket feed	Rally feed	Advanced feeding	0	1	2	3				
Performance Characteristics in competitive play (Score by leaving blank or inserting a 1)						Trainability Total							
Competition Preparation	Good time management	All correct equipment	Good warm ups and mental preparation	Takes opportunities to form game plans for upcoming opponents	Makes use of available support network	0	2	3	4				
Control & Court Presence	Maintains focus under pressure	Maintains focus when fatigued	Maintains physical intensity when fatigued	Maintains neutral or positive body language	Can they come back from problem situations	0	0	1	3				
Evaluating Performance	Documents well using diary / notebook	Recognises what they do right	Recognises what they do wrong	Discusses with others objectively	Accepts responsibility of match outcomes	0	1	2	4				
Strategy & Tactics (Score by leaving blank or inserting a 1)						Performance Characteristics Total							
Strategy	Adopt and execute game plan	Account for own & adapt to exploit opponents strengths & weakness's	Ability to pattern break	Ability to review and alter	Recognising opponents patterns	0	1	2	3				
Singles shot selection	Uses space to move opponent long distances & change direction	Knows when it is necessary to re-build rally after trying to attack	Knows what puts players under technical pressure & can adjust flight time	Combines shots to build a rally & linking shots for set pieces	Knows what shots opponents are likely to expect	0	1	2	3				
Singles positioning	Defending after high lift/clear	After hitting down non racket side	After hitting down racket side	Taking advantage of struggling opponent	Positioning of feet after low serve	0	1	2	3				
Doubles shot selection	Good 1st & 3rd, 2nd & 4th	Getting from defence to attack	Maintaining attack	Knows what puts opponts under tech pressure	Plays particular types of shots to particular player	0	1	2	3				
Doubles positioning	Basic defence & attack	Transitions/Switching	Taking the right shots	Advance positions & adapting to partner	Closes unnecessary gaps	0	1	2	3				
Lifestyle & Management (Score by leaving blank or inserting a 1)						Strategy & Tactics Total							
Framework	Training diary	Long term ambition & annual performance aims	Annual Tournament Plan	Development Goals	Does the player review and adjust performance aims	0	1	3	4				
	Weekly Training plan	Block training plan	Annual training plan	Does the training fit the performance aims	Does the player review and adjust training needs	0	1	2	4				
Support	Family understands the PC program	Has support from friends	Has support from school	Sponsors	Has access to sport science	0	1	3	4				
Self reliance	Good time management	Manages own equipment	Pro active to ensure attendance & keep relevant people informed	Manages own competition entry	Manages own training and competition plan	0	0	2	4				
Nutrition	Do they drink enough fluids	Do they eat the correct amount	Do they have a balanced diet	Has an understanding of pre comp dietary requirements	Do they understand nutrition in competition	0	1	3	4				
Lifestyle & Management Total						0 5 10 15							
Suggested minimum numbers to progress or remain on the PC program						Raw 56		Developing 159		Emerging 267		Magic Total 375	

Berkshire Junior Badminton Association

Pathway and Performance Centre

Part A		Player Profile			My magic number		0					
Player Name					Date of birth							
PC Name					Current National Ranking							
PC Coach/Reviewer					Date of review							
Playing hand		Left Hander		Right Hander		Player gender		M	F			
Raw entry overview (The WHAT Ability)							Mark 1 or blank					
Winning Ability	W	Hitting Ability	H	Athletic Ability	A	Train Ability	T	Raw entry suggested 14 out of 20 (Mn 3 in each section)				
Enjoys challenges		Can hit soft & hard		Good posture & balance		Motivated						
Focus in activity		OH upw ards clear		Able to accelerate rapidly		Listens & understands						
Keeness to WIN		OH dow nw ards shot		Able to move in all directions		Acts on instructions						
Focused after		Can hit left/right		Can stop on balance quickly		Respectful						
Sportsmanship		Can they rally		Athletic build		Progresses quickly		0 Total out of 20				
Min Total	0	Total	0	Total	0	Total	0					
Performance and training overview							Just tick					
Local experience		General		Training Hours		Level & Tourn Experience (Last 12 mnths)						
School		Enjoys Badminton		Total w eekly PC Hrs		Grade 3	Bronze					
Junior Club		Safety aw are		Total w eekly on court		Grade 2	Silver					
Junior County		Balanced lifestyle		Total w eekly off court		Grade 1	Gold					
Senior Club		Know ledge of rules		Total w eekly match play hrs		England Tier 2	Nationals					
Senior County		Gd Court etiquette		1 to 1 Individual per week		England Tier 1	International					
Athleticism							Complete tests					
On Court Speed Test		Agility Test		On Court Speed Endurance Test		Vertical Jump Test / cm		Horizontal Jump Test /				
Technical Hitting												
Blank = Can't do - 1 = Can do to a basic skill level agreed by coaches - 2 = Basic skill level + accuracy, consistency & variation 3 = Can maintain skill level with Accuracy, Consistency & Variation during similar level competitive matches												
Score the following 2 sections (Technical Hitting & Movement)							Total					
<i>by inserting 0, 1, 2 or 3 in each box depending on the score based from above details</i>												
General	Good racket carriage		Soft fingers		Finger squeeze skill	0	1	3	6			
	Ability to turn shuttle		Can execute short actions		Taking it early (arm extended)	0	1	2	6			
Grips	Basic/thumb grips, relaxed		Grip changing		Appropriate grip length	0	2	4	7			
Serve	Low		High		Flick/drive	0	2	5	7			
FH net shots	Basic net, soft grip		From below w hole net		Tumble	0	2	5	7			
BH net shots	Basic net, soft grip		From below w hole net		Tumble	0	2	5	7			
FH Push Shots	Basic below tape		Basic Flat		Basic dow nw ards	0	1	4	7			
BH Push shots	Basic below tape		Basic Flat		Basic dow nw ards	0	1	4	7			
Lifts	Forehand Lift		Backhand Lift		Height variation	0	2	5	7			
FH Drop shots	Basic drop		Slice		Stop or clip	0	1	4	7			
BH Drop shots	Basic drop		Slice		Clip drop	0	1	3	6			
FH Clears	Basic clear		Punch/Flat		Full length	0	1	4	7			
BH Clears	Basic clear		Punch/Flat		Full length	0	0	3	5			
FH Smashes	Basic smash		Height variation		Hard	0	1	3	6			
BH Smashes	Basic smash		Height variation		Hard	0	0	2	4			
Defensive	Block		Lift		Drive	0	1	3	6			
Drives	Forehand Basic		Backhand Basic		Pow er FH & BH	0	1	3	6			
Kills	Forehand kill		Backhand Kill		FH & BH Brush	0	1	4	6			
Full Jump shots	Drop w ithout rotation		Clear w ithout rotation		Smash w ithout rotation	0	1	5	7			
Full Jump shots	Drop w ith rotation		Clear w ith rotation		Smash w ith rotation	0	0	3	5			
Identical Preparation	FH Drop, Smash, Clear		FH Net, Cross Net, lifts		Attacking FH drives, pushes	0	1	3	6			
	BH Drop, Smash, Clear		BH Net, X Net, lifts		Attacking BH drvs, pushes	0	1	3	6			
	Serving Low , flick, drive		Defensive lift, drive, block		Kill, push	0	2	4	7			
Technical Movement							Technical Hitting Total		0	26	84	145
Return of serve	Stance/position		Movement forw ard		Movement backw ards	0	3	6	8			
Basic Movement	Jump out right		Jump out left		Land balanced	0	3	5	7			
	Base split		Lunge correctly		Adjustment steps	0	2	4	6			
Moving to RS	Front		Side		Rear	0	1	4	7			
Recovery from RS	Front		Side		Rear	0	1	4	7			
General movement	Efficient movement		Good Timing of movement		Pace variation	0	0	3	6			
Moving to non RS	Front		Side		N/A	0	1	2	5			
Rec from non RS	Front		Side	0		1	2	5				
Moving to non RS	Round the head		Rear Backhand			0	0	2	4			
Rec from non RS	Round the head		Rear Backhand			0	0	2	4			
Technical Movement Total							0		12	34	59	

Berkshire Junior Badminton Association

Pathway and Performance Centre

BE Grading

The National Grading System has been introduced for players of all ages and abilities to identify their individual playing standards and find the right level of tournament for their level.

1. All players will be eligible to receive a Badminton England grading (I BE like to put BADMINTON England but I think we should stick with the same format throughout this document, whatever is preferred, in most of this BE is referred to as Badminton England).
2. New gradings will be released **every 2 months** (except in August)
3. All Badminton England circuit events will be included in the grading system
4. Player gradings can be upgraded or downgraded based upon results in sanctioned tournaments

To adjust your grading, you must first play a minimum of 3 qualifying matches in each 2 month period. A qualifying match is:

1. A win or a loss against a player/pair of the same grade
2. A win against a player/pair of a higher grade
3. A loss against a player/pair of a lower grade

Players achieving a 70%+ win ratio will move up a grade. Players achieving a 10% or less win ratio will move down a grade.

Entry to some circuit tournaments is restricted by Grade

Some circuit tournament entry will be restricted on singles grade. With the introduction of doubles and mixed grades, all junior tournaments will remain restricted on singles grade only and for the remainder of the season entry to senior events also.

Circuit	The following Singles Grades Cannot Enter
Junior BRONZE U13	A to G
Junior BRONZE U15	A to F
Junior SILVER U15	A to E
Junior BRONZE U17	A to E
Junior SILVER U17	A to D
Senior BRONZE	A to C

If you wish to appeal against your grading:

Using your results history on sanctioned tournaments, Badminton England will be creating a unique win/loss ratio for each player. This win/loss ratio will form the basis for the starting grades. Please note:

Appeals can only be made within 2 weeks of the release of the latest grading list. Appeals made outside of the window will not be answered until the next window opens.

1. Only one appeal can be made per appeal window, subsequent appeals will be ignored.
2. Ensure you give detailed supporting evidence to assist with the review.

Players involved in the appeals process will be notified of the outcome within 10 working days of the appeal.

Berkshire Junior Badminton Association

Pathway and Performance Centre

Tournaments – Local and National

We actively encourage all our players to play in tournaments. Ultimately this is what the training is for and they also serve as an important ingredient to a players training.

Details of all the local and National events can be found on the Notice Board and on our website. via this link

www.berkshirejuniorbadminton.co.uk/enter-tournaments/

Please ask the coaches about tournaments and the level you son or daughter should be looking to play in.
