

## JEWELLERY

NO JEWELLERY can be worn. British Gymnastics have a zero tolerance policy with jewellery which we follow, this includes any type of ear-rings.

If gymnasts have just had their ears pierced and they cannot take them out for several weeks then parents must please be aware that this will invalidate their insurance for this period.

If your child's ear-rings need to be taped up please ensure that this is done BEFORE they enter the gym and again, please be aware that this will invalidate your insurance.

## WATER

Could all gymnasts, please remember to bring a bottle of water with them. We can provide a bottle of water, a charge of £1 will be added to your next invoice for this.

*Have a fabulous summer and enjoy your break!*

FROM THE TEAM AT SHARECROFT

## PLEASE READ WHOLE LETTER AS CONTAINS IMPORTANT INFORMATION AND TERM DATES



**ALL GYMNASTS - Save the date:**

**Sharecroft Show – Saturday 24<sup>th</sup> June 2023!**

As you are all aware Leanne is expecting a little one in October therefore from the beginning of October Leanne will be going on maternity leave. She will be back and we will of course keep you all updated when little one arrives.

## CANCELLED SESSIONS

Monday 1<sup>st</sup> May 2023 – Bank Holiday

Thursday 4<sup>th</sup> May 2023 – Elections

Monday 29<sup>th</sup> May 2023 – Bank Holiday

## TERM DATES

Tuesday 30<sup>th</sup> August 2022 – Sunday 16<sup>th</sup> October 2022

Sunday 23<sup>rd</sup> October 2022 – Friday 16<sup>th</sup> December 2022

Tuesday 3<sup>rd</sup> January 2023 – Friday 17<sup>th</sup> February 2023

Monday 27<sup>th</sup> February 2023 – Thursday 6<sup>th</sup> April 2023

Monday 17<sup>th</sup> April 2023 – Friday 21<sup>st</sup> July 2023

## COMPETITION SQUAD

Save the date: Overseal Gala – Saturday 8<sup>th</sup> July 2023

## COMP DATES – COMP SQUAD ONLY

Sunday 5<sup>th</sup> November 2022 @ Eclipse Gymnastics - Tumbling

Sunday 27<sup>th</sup> November 2022 @ Amber Valley Gymnastics – Tumbling

Sunday 11<sup>th</sup> December 2022 – Club Comp @ Greenbank – Acro and Tumbling

Sunday 5<sup>th</sup> March 2023 @ New Collage Leicester – Acro

## GYMNASTICS WORKSHOPS + HOLIDAY CAMPS

We still have a few spaces left on our open sessions this summer. Please see flyer attached.

Due to the success of our previous workshops and holiday camps we will be running more through October half term. These are on a first come first serve basis due to limited numbers.

Monday 17<sup>th</sup> October 8.30am – 3.30pm

Monday 24<sup>th</sup> October 8.30am – 3.30pm

## **Fundraising**

A big thankyou to all those that came and supported us the Overseal Gala and Festival of Leisure. In total we raised £325!

## **Dates for your diaries**

Sunday 20<sup>th</sup> November 2022 – Sharecroft Craft Fayre Fundraiser

## **BIRTHDAY PARTIES**

Why not consider having a gymnastics birthday party for your child. It is something different for your child and their friends to enjoy. Those who have had parties have all given positive feedback and without exception would recommend us to friends and family. The parties are suitable for members and none members and are provided at a very competitive price. Please see our separate fliers for details.

**NOW TAKING BOOKINGS FOR 2023! Please book at least 6 months in advance to secure your date!**

## **CAR PARK/PICK UPS**

### **IT IS EXTREMELY IMPORTANT THAT YOU OBSERVE THE ONE-WAY SYSTEM IN THE CAR PARK.**

Could you please ensure you keep your children close to you when you are in the car park. Please **DO NOT** drop your children off at the door in your car. This causes a bottle neck out on to the road with residents becoming irritated with us! Please do not reverse into the entrance, again this is extremely dangerous.

Please DO NOT arrive any more than 5 minutes before your session time. You need to wait in your car until we open the door. Please ensure you stay in your car on pick up. A coach will be at the door watching the gymnast to their car.

We understand the car park is a lot busier now. Your cooperation in handing your gymnasts back is appreciated. The rules/instructions/requests are there to protect your children. Whilst the wait/queue can be frustrating we do not appreciate and what is more, will not tolerate abuse of our staff or other parents. If this occurs you may be asked to leave the club, the only people missing out will then be your children.

## **SHORTS**

Please ensure your child has plain black shorts for training sessions. These do not have to be anything special. Nike shorts are acceptable providing they are black. Alternatively, the velour hipster type shorts can be purchased from Milano. [www.milano-pro-sport.com](http://www.milano-pro-sport.com). Please ensure your gymnast wears their shorts over the top of their leotards.

If you need any help or advice please ask one of the coaches. It is perfectly acceptable to have diamantes/initials on the shorts.

## **HAIR**

Could you please make sure your child/children's hair is tied up above their shoulders before they come to gym. There is a very real risk of injury if children tread on their hair whilst doing gymnastics or get it caught in equipment. You **MUST** tie your child's hair up before dropping them off. We have, in the past, provided bobbles for children who do not have one with them and appreciate that there may be a genuine time when this is required but we will not be able to provide hair bobbles from September onwards.

## **INJURIES**

It is extremely important that any injuries which happen at gym are reported to one of the coaches, preferably by the gymnast at the time, failing this, by the parent via a text, phone call or email as soon as the injury is identified. As a club we have procedures to follow with regards to reporting of accidents but more importantly we need to know of any injuries which may need to be taken into account going forwards.

## **REGISTRATION DETAILS**

Please ensure you give us any change in details as soon as possible. It is extremely important that we have the right contact details for you. You must also change your details on BG. This is VERY important as we communicate mainly via email and Facebook. All emails are taken from the email you registered with BG.

## **IMPORTANT CONTACT DETAILS**

Please ensure you have the following contact numbers stored. These are the numbers to text/call with queries and any issues with late pick-ups, none attendance etc.

Georgia 07415 754044  
Leanne 07837 218256  
Annemarie 07870 321755  
Karen 07917 532903

## **CLUB UNIFORM**

A reminder that gymnasts need to be wearing a club leotard (girls) or a club polo top (boys) by their second term. This must be in club colours. This applies to all gymnasts.

If you need to order a leotard or polo top please email Karen on [info@sharecroftgymclub.co.uk](mailto:info@sharecroftgymclub.co.uk).

We also have club hoodies which start from £25 – please ask at gym

We do have pre-school t-shirts which can be purchased at £8.

Club bags are currently on sale for £5! If you would like a club bag then please drop us a message. These will be back up to £8 from September.

Scrunchies can be ordered from Milano using the following link.  
<https://www.milano-pro-sport.com/shop/womens/scrunchies/>  
our colour is Kingfisher.