

**PLEASE READ WHOLE LETTER AS
CONTAINS IMPORTANT INFORMATION
AND TERM DATES**



BREAKING NEWS!!!!

Our amazing team of Tough Mudders completed the course and all survived – just! They were truly fantastic and along the way have raised, so far, a spectacular £1339 – there is still time donate. Please have a look at our Facebook page for some wonderful pictures/videos.

They completed the **10 mile course and 26 obstacles** in 3 hours 56minutes. The winner of our 'guess the time' competition was Orla Cooper who guessed 3 hours 57 minutes – so close – she wins a day at our summer camp. Well done Orla.

TERM DATES

2nd June 2019 – 19th July 2019
27th August – 20th December 2019
6th January – 3rd April 2020
20th April – 19th July 2020 - to be confirmed
1st September 2020

SAVE THE DATE

Fashion Show - discount designer goods at a fraction of the price - what's not to like!! – Monday 7th October – we will be selling tickets from week commencing 24th June - £5 per ticket.

PLEASE NOTE THESE TICKETS ARE LIMITED DUE TO MAXIMUM ALLOWABLE CAPACITY AT THE HALL, FIRST COME FIRST SERVED.

29th June – Festival of Leisure – times to be confirmed
13th July – Overseal Gala

If anyone has any spare bottles of anything, from bubble bath to champagne, juice to gin please let us have it for our bottle stall at the gala – you donations are, as always, much appreciated.

November and March Comp dates have not yet been announced.

SUMMER CAMP 2019

Tuesday 6th August – Friday 9th August 2019 @ £22 per day
Tuesday 20th August – Friday 23rd August 2019 @ £22 per day

Please enquire soon if you are thinking of booking on to summer camp as some dates are already fully booked.

Summer camp 2020 will be week commencing 27th July and 17th August – to be confirmed.

Staff changes

We are delighted to tell you that Jordan Smith has passed his level one coaching qualification. I big thank you to Georgia for her mentorship and Leanne and the rest of the coaches for their expert guidance.

We are also extremely pleased to welcome Emma Thompson, Emily Whitehouse, Sophie Mille and Zara Mulley as Young Leaders and hopefully our future coaches.

BIRTHDAY PARTIES

Why not consider having a gymnastics birthday party for your child. It is something different for your child and their friends to enjoy. Those who have had parties have all given positive feedback and without exception would recommend us to friends and family. The parties are suitable for members and non members and are provided at a very competitive price. Please see our separate fliers for details.

CAR PARK/PICK UPS

IT IS EXTREMELY IMPORTANT THAT YOU OBSERVE THE ONE-WAY SYSTEM IN THE CAR PARK.

Could you please ensure you keep your children close to you when you are in the car park. Please **DO NOT** drop your children off at the door. This causes a bottle neck out on to the road with residents becoming irritated with us! Please do not reverse into the entrance, again this is extremely dangerous.

PLEASE BE AWARE THE CAR PARK IS **ONE WAY**.

SHORTS

Please ensure your child has plain black shorts for training sessions. These do not have to be anything special. Nike shorts are acceptable providing they are black. Alternatively the velour hipster type shorts can be purchased from Milano. www.milano-pro-sport.com. If you need any help or advice please ask one of the coaches. It is perfectly acceptable to have diamantes/initials on the shorts.

INSURANCE

Gymnasts annual insurance will be due again in September. Please expect a higher than usual invoice. We do not know how much it will be this year, however, last year's cost was £20 for recreational gymnasts and £14 for pre schoolers, with a premium for comp gymnasts.

HAIR

Could you please make sure your child/children's hair is tied up above their shoulders before they come to gym. There is a very real risk of injury if children tread on their hair whilst doing gymnastics or get it caught in equipment. You **MUST** tie your child's hair up before dropping them off. We have, in the past, provided bobbles for children who do not have one with them and appreciate that there may be a genuine time when this is required but we will not do this week in, week out.

INJURIES

It is extremely important that any injuries which happen at gym are reported to one of the coaches, preferably by the gymnast at the time, failing this, by the parent via a text, phone call or email as soon as the injury is identified. As a club we have procedures to follow with regards to reporting of accidents but more importantly we need to know of any injuries which may need to be taken into account going forwards.

REGISTRATION FORMS

Please ensure you give us any change in details as soon as possible. It is extremely important that we have the right contact details for you. You must also change your details on BG.

IMPORTANT CONTACT DETAILS

Please ensure you have the following contact numbers stored. These are the numbers to text/call with queries and any issues with late pick ups, none attendance etc.

Georgia 07415 754044

Leanne 07837 218256

Annemarie 07870 321755

Karen 07917 532903

CLUB UNIFORM

Just a reminder that gymnasts need to be wearing a club leotard (girls) or a club polo top (boys) by their second term. This must be in club colours. This applies to all gymnasts other than pre-school.

If you need to order a leotard or polo top please email Karen on clarke18@aol.com.

We also have club hoodies which start from £20 – please ask at gym.

We do have pre-school mini movers t-shirts which can be purchased at £5.

Also, just a reminder that leggings and shorts go over leotards not underneath please.

JEWELLERY

No jewellery can be worn. British Gymnastics have a zero tolerance policy with jewellery which we follow, this includes any type of ear-rings.

If gymnasts have just had their ears pierced and they cannot take them out for several weeks then parents must please be aware that this will invalidate their insurance for this period.

If your child's ear-rings need to be taped up please ensure that this is done BEFORE they enter the gym and again, please be aware that this will invalidate your insurance.

WATER

Could all gymnasts, especially recreational and advanced children please remember to bring a bottle of water with them. We will be purchasing bottles of water to store at gym. If your child attends without a drink we will provide them with water and add the cost to your invoice the following term.

CLUB INFORMATION

Remember our Facebook page – we post all sorts of information on there. Please feel free to write a review for us.

This is our last newsletter before the summer so please have a great break. Remember our summer camp and our open sessions.



FROM THE TEAM AT SHARECROFT

