PLEASE READ WHOLE LETTER AS CONTAINS IMPORTANT INFORMATION AND TERM DATES



TERM DATES

6th January 2019 – 12th April 2019 28th April 2019 – 24th May 2019 – NO GYM 6TH May and 27th May 2nd June 2019 – 19th July 2019

SAVE THE DATE

Easter Bingo – Friday 5th April Fashion Show - discount designer goods at a fraction of the price - what's not to like!! – Monday 7th October

COMP SQUAD ONLY

24th February national Tumbling and friendly Acro comp 10th March Acro prelims and club level Tumbling 29th June – Festival of Leisure – date to be confirmed 13th July – Overseal Gala

SUMMER CAMP 2019

Monday 5th August – Friday 9th August 2019 @ £22 per day Monday 19th August – Friday 23rd August 2019 @ £22 per day

BIRTHDAY PARTIES

Why not consider having a gymnastics birthday party for your child. It is something different for your child and their friends to enjoy. Those who have had parties have all given positive feedback and without exception would recommend us to friends and family. The parties are suitable for members and none members and are provided at a very competitive price. Please see our separate fliers for details.

CAR PARK/PICK UPS

IT IS EXTREMELY IMPORTANT THAT YOU OBSERVE THE ONE-WAY SYSTEM IN THE CAR PARK. WE HAD AN INCIDENT LAST WEEK WHICH WAS VERY DANGEROUS AND COULD HAVE CAUSED SERIOUS INJURY TO THOSE INVOLVED!

Could you please ensure you keep your children close to you when you are in the car park. Please **DO NOT** drop your children off at the door. This causes a bottle neck out on to the road with residents becoming irritated with us!

PLEASE BE AWARE THE CAR PARK IS NOW **ONE WAY**.

SHORTS

Please ensure your child has plain black shorts for training sessions. These do not have to be anything special. Nike shorts are acceptable providing they are black. Alternatively the velour hipster type shorts can be purchased from Milano. <u>www.milano-pro-sport.com</u>. If you need any help or advice please ask one of the coaches.

<u>HAIR</u>

Could you please make sure your child/children's hair is tied up above their shoulders before they come to gym. There is a very real risk of injury if children tread on their hair whilst doing gymnastics or get it caught in equipment. You **MUST** tie your child's hair up before dropping them off. We have, in the past, provided bobbles for children who do not have one with them and appreciate that there may be a genuine time when this is required but we will not do this week in, week out.

INJURIES

It is extremely important that any injuries which happen at gym are reported to one of the coaches, preferably by the gymnast at the time, failing this, by the parent via a text, phone call or email as soon as the injury is identified. As a club we have procedures to follow with regards to reporting of accidents but more importantly we need to know of any injuries which may need to be taken into account going forwards.

REGISTRATION FORMS

Please ensure you give us any change in details as soon as possible. It is extremely important that we have the right contact details for you. You must also change your details on BG.

IMPORTANT CONTACT DETAILS

Please ensure you have the following contact numbers stored. These are the numbers to text/call with queries and any issues with late pick ups, none attendance etc. Georgia 07415 754044 Leanne 07837 218256 Annemarie 07870 321755 Karen 07917 532903

CLUB UNIFORM

Just a reminder that gymnasts need to be wearing a club leotard (girls) or a club polo top (boys) by their second term. This must be in club colours. This applies to all gymnasts other than pre-school.

If you need to order a leotard or polo top please email Karen on clarke18@aol.com. We do have pre-school mini movers t-shirts which can be purchased at £5.

Also, just a reminder that leggings and shorts go over leotards not underneath please.

JEWELLERY

No jewellery can be worn. British Gymnastics have a zero tolerance policy with jewellery which we follow, this includes any type of ear-rings.

If gymnasts have just had their ears pierced and they cannot take them out for several weeks then parents must please be aware that this will invalidate their insurance for this period.

If your child's ear-rings need to be taped up please ensure that this is done BEFORE they enter the gym and again, please be aware that this will invalidate your insurance.

<u>WATER</u>

Could all gymnasts, especially recreational and advanced children please remember to bring a bottle of water with them. We will be purchasing bottles of water to store at gym. If your child attends without a drink we will provide them with water and add the cost to your invoice the following term.

CLUB INFORMATION

Remember our Facebook page – we post all sorts of information on there. Please feel free to write a review for us.







Have a fabulous Christmas!!

FROM THE TEAM AT SHARECROFT