Case File 1021

Resident Kilmarnock

1st Visit

Dez and Alec attended a private residence in Kilmarnock at the behest of a worried family that feared that a spirit was scaring them from their home.

It reportedly moved objects from one area of the house to another and could be heard walking the hallway at night.

Dez and Alec attended to try and establish if there was a natural cause for the incidents that had been noted.

A sceptical argument could be made that perhaps it may be a case of misplacing objects and arguing with yourself that you know you left it where you thought you did, something we are probably all familiar with. The noises in the hallway could possibly be the wood settling from the heat during the day as they cooled down at night. The counter argument there is that they did not manage to record these noises while present during the investigation so perhaps it wasn't the house after-all.

A follow up visit with more cameras would be required to attempt to establish what's happening with regards to the house settling.

Dez and Alec both sensed an energy presence whilst conducting the initial investigation but did not detect any malintent with it.

They attempted to record some EVP, to which there were some gruntled replies but nothing that could be deciphered other than perhaps one recording, in which they asked if the house decoration offended them as they were trying to establish why the reported activity was reportedly so active. The reply that appears to be recorded (class B EVP), "I adore them", which to me, analysing the data afterwards seemed like a relief.

Dez and Alec asked the spirit to back off as the family were scared by all of the activity that they had experienced. After that, there did not appear to be many EVP recordings afterwards to which I noted as I analysed the recordings.

Dez and Alec also ended with dousing the house with white sage, which seems to help people with reportedly paranormal activity in their home. My best guess is that the smoke disrupts or interferes with energy frequency that the spirit may resonate on, causing the house to become an inhospitable dwelling and hopefully moving the spirit on, giving the family peace.

Unfortunately, the family reported that they are still experiencing paranormal activity in their home, so we shall follow up with another visit to try and establish a cause, with more tech equipment and hopefully conversation with the said spirit that may be causing the bother. 2nd Visit

Present on the investigation...

Alex - Team Lead, Tech & Sensitive Dez - Tech Alec - Sensitive Lorraine - Scribe Research & EVP Ian - Camera

An initial visit was carried out by two team members that felt that there was indeed a case to investigate so we packed up our gear and headed to Kilmarnock.

We arrived on site and introduced ourselves to the family that had asked us to attend.

They were very welcoming but it quite apparent that the owner was fearful of the prospect of sharing a house with a spirit.

She did not want to participate in the investigation but was more hoping for a resolution to the phenomena that she was experiencing.

She had reported that objects had been moved from one area of the house to the other and toys being moved in the child's bedroom without plausible explanation and that she could also hear footsteps walking in the hallway at night.

Sceptically an argument could be made that perhaps her child may be the cause of these reports but when discussing the case with the owner there has been instances where the child was asleep or not present. It could have also been argued that the noises at night was simply the house settling from the heat, floorboards creaking etc, but this angle was covered by the initial visit and the investigators were satisfied that this was not the cause of the noises that had been reported.

After explaining the use of our equipment we began our investigation upstairs where the activity had been reported.

All readings appeared to be normal and it was reasonably quiet.

Whilst checking the hall for any unusual electrical fluctuations I caught a quick glimpse of a small child in the child's bedroom from the corner of my eye.

There was no one upstairs other than our team and the glimpse was too quick to establish any great detail.

We continued the investigation in the master bedroom.

Lorraine was startled as she entered as she felt as though someone walked towards her and she caught a quick glimpse of a face. She felt a little dizzy so sat on the bed to collect her thoughts.

I felt two spiritual presences. The young girl who's name I believe was Elizabeth, she was very shy and curious from afar so I never got much more from her that night.

The other presence I felt was a man named Robert. He seemed concerned about the Creed and that he didn't like it.

We spoke with the owner and she advised that she had only discussed getting the house blessed the day before.

One of our investigators began to feel uneasy in the room and felt he had to step out into the hall.

We took some emf readings and noted a device plugged into the wall socket. It was a plug in pest repeller that would have been emitting an ultrasonic sound.

The ultrasonic devices are marketed within the range of 30 to 55 kHz to allegedly deter spiders.

The device was tested and it was emitting way above 100 kHz, and may have been causing some of the phenomena reported as it could have been interfering with the nervous system as it allegedly does with spiders which would explain the feeling of constant unease upstairs if it affects humans in a similar fashion.

It may even mess with the brain frequencies potentially causing a hallucination type effect if exposed to for prolonged periods of time. It's all speculative at the moment but the current belief in the scientific community based on the anecdotal evidence at the time of writing this report is that ultrasonic levels can cause discomfort and may be potentially harmful to humans but research is in its infancy at present and more work has to be done to establish precise levels and effects accordingly.

I removed the device from the socket and demonstrated that it was faulty by testing it next to another device which was plugged into the kitchen.

The owner stated that they would no longer continue to use the device after the demonstration.

We closed the investigation as we were not getting any more information spiritually or scientifically.

We advised the owner to use some white sage smudge sticks to help cleanse the energy in the house. We've looked at various practices and techniques to "cleanse" a house of spiritual energy over the years investigating and I can say that the most successful has been the native indian practice of smudging with white sage.

Why? The closest that I can figure is that the smoke may disrupt the vibrational frequency that the spirit may resonate on, thus giving the impression of "cleansing".

A modern day example of vibrational disruption is the invention of the sonic fire extinguisher.

The principle behind the extinguisher is simple; sound waves have the potential to manipulate both burning material and the oxygen that surrounds it as sound waves are pressure waves that cause vibrations in the medium in which they travel.

If the sound could be directed and used to separate the two, the fire would be starved of oxygen and, accordingly, would be snuffed out.

This may be similar to the smoke disruption and frequency that the spirit may resonate on.

If that frequency is disrupted in that manner is it possible that it may be potentially extinguished in the same way or at the very least inconvenienced if performed frequently each night in which case it would most likely want to move on from the property as it will have become inhospitable to it, thus "cleansing" it.